

Small Group Discipleship Plan

The following plan serves as a guide for all Middle School Small Group leaders as they lead students toward a deeper relationship with Jesus. We outline the type of development we expect in students and provide a target for which we hope to aim each growing disciple. We expect all small group leaders to achieve each of these expectations by the end of the year. Also, we have provided a “resource page” which lists books and materials available to meet these goals.

6TH GRADE YEAR

Studies (See Resource Page)

- 8-12 weeks on guys/girls identity in Christ (Fall Semester)
- 6-7 weeks on bible study methods & quiet time
- 6-8 weeks on prayer

Prayer, Bible Reading, Evangelism

- Be able to verbalize a sentence prayer within small group (internally focused)
- Reading a minimum of 5 chapters of bible per week outside of study time
- Pray for 1 lost student & invite him/her to youth event/program

7TH GRADE YEAR

Studies (See Resource Page)

- 6 weeks on the basics of Christianity
- 6-8 weeks on girl/guy sexual purity
- 6-10 weeks on the book of Acts (foundation of the church)

Prayer, Bible Reading, Evangelism

- Praying for a lost people group somewhere around the globe (externally focused)
- Reading a minimum of 10 chapters of bible per week outside of study time
- Bring lost friend... tell friend about your relationship with Jesus

8TH GRADE YEAR

Studies (See Resource Page)

- 6-8 weeks on the life/teachings of Christ (Fall Semester)
- 8-12 weeks only from Bible
- 6-8 weeks on theology basics/apologetics (Spring Semester)

Prayer, Bible Reading, Evangelism

- Keep a prayer journal as a discipline
- Reading a minimum of 10 chapters of bible and using concordance for word studies
- Pray/invite/share your story & testimony with lost friend



General Leader Expectations

From our experience... those groups who keep all 9 of these expectations thrive...
those who leave any of them out have experienced failure

1. **Recruit a co-leader** -- Help assist our ministry in recruiting an assistant leader to help advance the spiritual maturity of his/her group.
2. **Meet weekly** -- Meet with your groups weekly during the following times: *Fall Semester*: Last week in August to the first week in December. *Spring Semester*: Second week of January to the first week in May.
3. **THREE Small Group elements** -- Lead a meeting with 3 elements: ½ hour of social inner-action, ½ hour bible study, & ½ hour of communication time (prayer, MSM announcements, future small group mtg. info.)
4. **Attend MSM events** -- Join your students at other Middle School events and trips throughout the year. This is the best way to build strong relationships with your students.
5. **Lead a service opportunity** -- Plan one service project per each semester (for people outside the church). Community One is a great organization to partner with for services projects (www.community1.org).
6. **Visit student at school** -- Attempt to visit one or more of his/her students at school (either through school lunch or school related function per semester (band, drama, cheer, music, athletic event)).
7. **Communicate expectations** -- Communicate the expectation of reading the Bible (outside of group time), prayer, investment of other people, & serving.
8. **Be a learner of prayer** -- Lead students toward understanding the basics of praying internally & externally.
9. **Become self sufficient** -- Lead students toward being self sufficient in Bible reading-- feeding oneself.

Small Group Resources 6TH GRADE YEAR


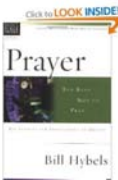
Identity in Christ (Guys/Girls)

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Becoming A Young Man of God (8-weeks)
- 
Becoming A Young Women of God (8-weeks)
- 
Girls of Grace (Book 1) (12-weeks)
- 
Her: Becoming a Proverbs 31 Girl (9-weeks)

Bible Study/Quiet Time



- 
Back to the Basics (6-weeks)
- * OR COMPRABLE RESOURCE

Prayer


- 
Pray: Talk to the King of the Universe (20-weeks)
- 
Too Busy Not To Pray (6-weeks)

Small Group Resources 7TH GRADE YEAR

Basics of Christianity

-  **"Basics" Video Series** (6-weeks)
-  **Clear: 8 Lessons on the Theological Foundations of Faith** (8-weeks)

Sexual Purity (Guys/Girls)

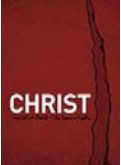

-  **Pure: Moral Purity** (6-weeks) (Gender neutral)
- * OR COMPRABLE RESOURCE

Book of Acts


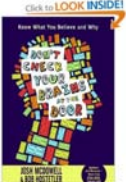
-  **Book of Acts, The Bible** (7-weeks)

Small Group Resources 8TH GRADE YEAR



Life of Christ

-  **Christ: The Life of Christ** (48-weeks)
-  **Book of Mark, The Bible** (6 weeks)

Theology/Apologetics



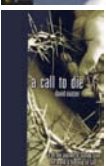
-  **Confident Christian: 6 Lessons of Apologetics for Teenagers** (6-weeks)
-  **Don't Check Your Brains at the Door** (6-8 weeks)

Books of the Bible

-  **Book of Daniel, The Bible** (first 6 chapters) (6 weeks)
-  **Character Study on Life of David, The Bible**

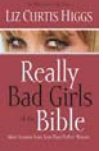
Small Group Resources

OPTIONAL RESOURCES

-  **Book of James, The Bible** (5-weeks) (6th grade year only)
-  **Book of Esther** (6th grade year only)
-  **Book of Ruth** (6th grade year only)
-  **Community, NT daily devotional by Youth Specialties** (48 weeks)
-  **Character, OT daily devotional by Youth Specialties** (48 weeks)
-  **A Call to Die** (40 day intense study) (ONLY FOR MENTORING ONE-ON-ONE)

FEMALE RESOURCES


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Bad Girls of the Bible (10-weeks)
- 


Really Bad Girls Bible (8-weeks)
- 

A Girl After God's Own Heart (10-weeks) (6th grade year only)
- 


For Such a Time as This (17-weeks) (8th grade year only)
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Head to Soul Makeover (10-weeks)
- 

Lies Young Women Believe (8-chapters) (LEADERS ONLY) (8th grade)
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Teaching True Love to a Sex-at-13 Gen (8-chapters) (LEADERS ONLY)
- 






Secret Keeper (Delicate power of modesty) (7-chapters) (LEADERS ONLY)
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let's talk! (41 devotions) (LEADER'S TOOL FOR PURITY)
- 

Living Girls of Grace, book 2 (12 weeks)
- 

Living As A Young Woman of God (8 weeks)

MALE RESOURCES

-  **Living As a Young Man of God** (8-weeks)
-  **Dangerous Devotions for Guys** (24 weeks)
-  **Trust by Youth Specialties** (20 weeks)
-  **Choose by Youth Specialties** (20 weeks)
-  **Stick by Youth Specialties** (20 weeks)