

Prayer Walking Tips

Prepare:

- Take a few moments to pray for God to direct your paths.
- Ask God to reveal anything that would help direct your prayers.
- Put on the “full armor” - Ephesians 6:10-18.

Some practical things:

- Stay in groups of 2 or 3 (don't unnecessarily draw attention).
- Unless you are a neighbor, don't go out of your way to engage people.
- Dress for the weather.
- Walking a challenge? Consider doing a prayer drive and visiting key locations in the area (like schools, churches, ministry partners, government buildings, retail centers or other gathering places, etc.).

Some spiritual things:

- Look around and allow what you see to direct your prayers (“Pray onsite, with insight”).
- Silence is OK, use that as an opportunity to listen to God.
- Thank God that he loves the people you see, the people who live in each house.
- Don't worry about whether you are doing it “right” or “wrong”.
- Prayer walking is more about talking to God about people, not to people about God.
- Use the prayer walking tool ([prayerwalkingonline.pdf](#)) to prompt ideas for prayer. If you have an iPhone, open the pdf file and then click on “open in iBooks”.
- Consider prayer walking as a family - participate with your kids or grandkids.

Remember Matthew 9:35-38

35 Jesus went through all the towns and villages, teaching in their synagogues, proclaiming the good news of the kingdom and healing every disease and sickness. 36 When he saw the crowds, he had compassion on them, because they were harassed and helpless, like sheep without a shepherd. 37 Then he said to his disciples, “The harvest is plentiful but the workers are few. 38 Ask the Lord of the harvest, therefore, to send out workers into his harvest field.”