

40 DAYS
— OF —
LISTENING TO GOD

BY COURTNEY MUSGRAVE

WEEK 1

CREATING A
SPACE TO LISTEN

Be Still • Lean In • Create Space
Speak Lord, your servant is listening.

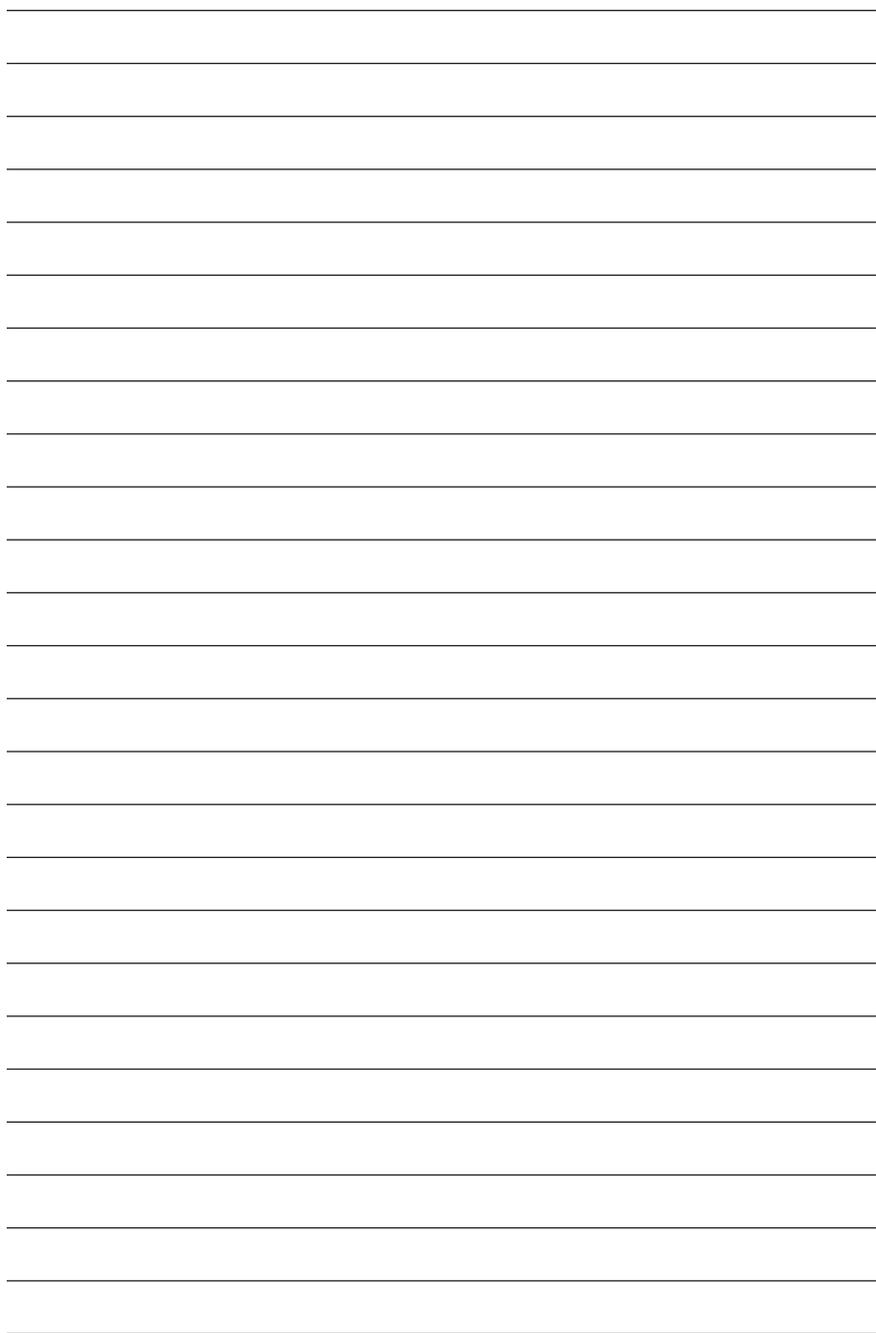
Practice Journaling
This is meant to build in the practice and discipline required to hear the Holy Spirit

Prayer to begin each day

Jesus, I come and present myself to you. I want to learn to hear your voice in greater and more powerful ways. I give you this time as an offering. I ask that as I lean into you, you would lean into me and continue to transform me in profound ways. I ask that by your power, you take care of any warfare from the enemy that is coming against me or my family now. Please put a spiritual covering over me now and drown out every voice other than yours. Thank you Jesus, amen.

Find a quiet space, set a timer for 5 minutes sit in the silence with your eyes closed.

How did you feel? Did you feel peaceful, anxious, scared, relieved, uncomfortable? Did you have any "random" thought that came into your mind? Write a couple of sentences in your journal describing your experience.

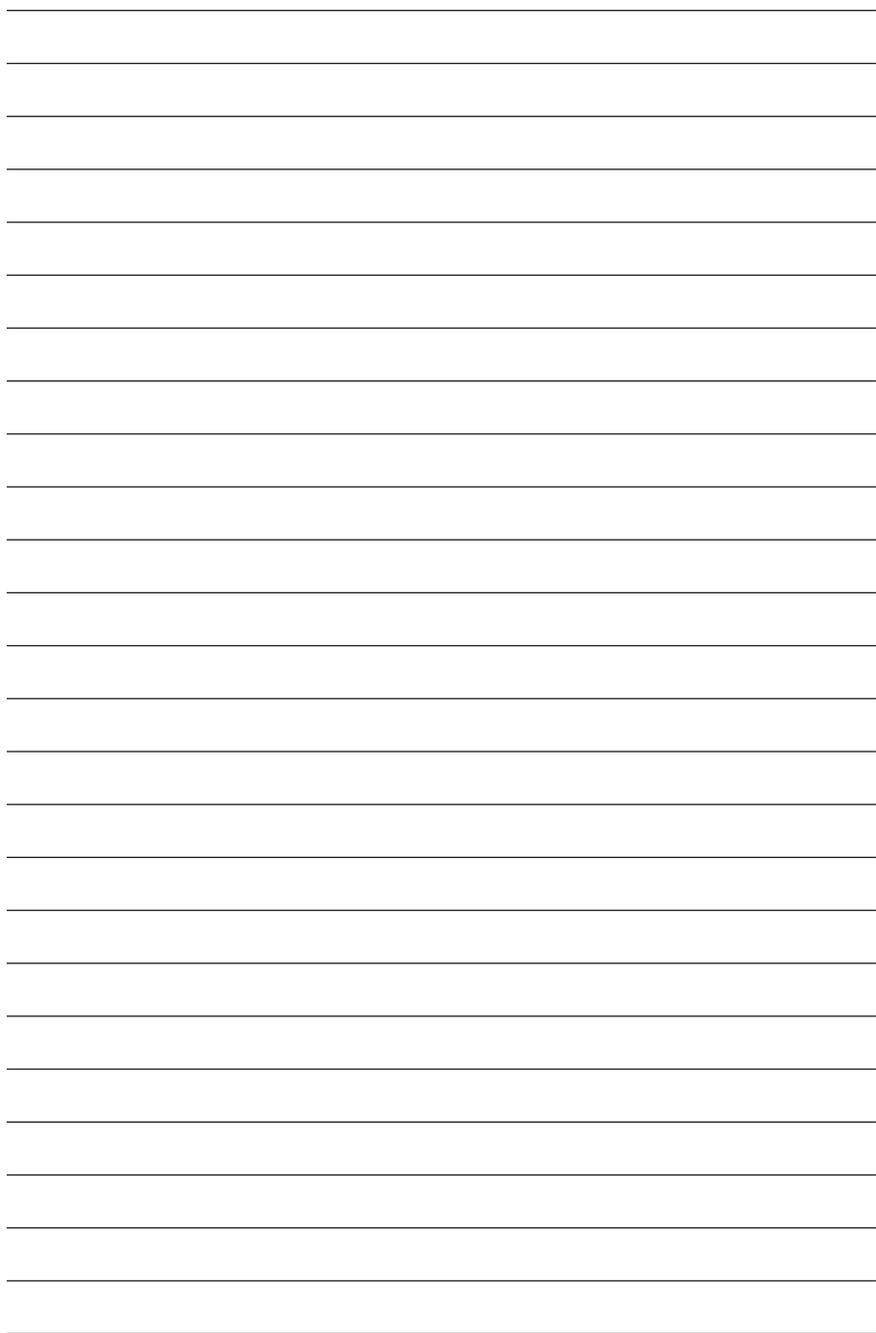


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Find a quiet space, set a timer for 5 minutes, sit in silence with your eyes closed and this time ask God to show you in your mind a safe, comfortable, peaceful place.

What was the place God showed you? Describe it in a couple of sentences in your journal.

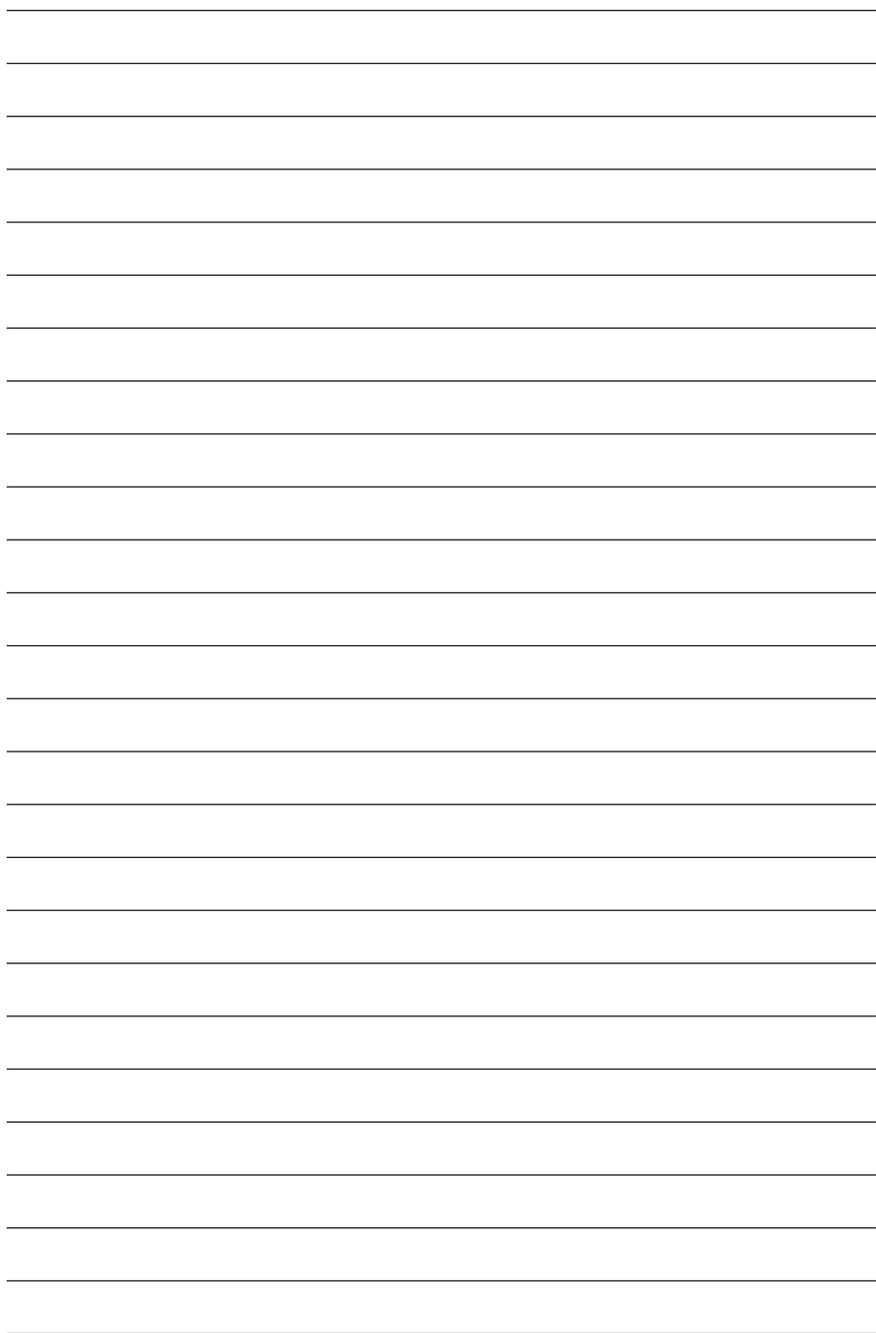


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Find a quiet space, sit in silence, close your eyes, image the place God showed you yesterday, invite Jesus to join you in that space to just be with you. Sit in his presence for several minutes.

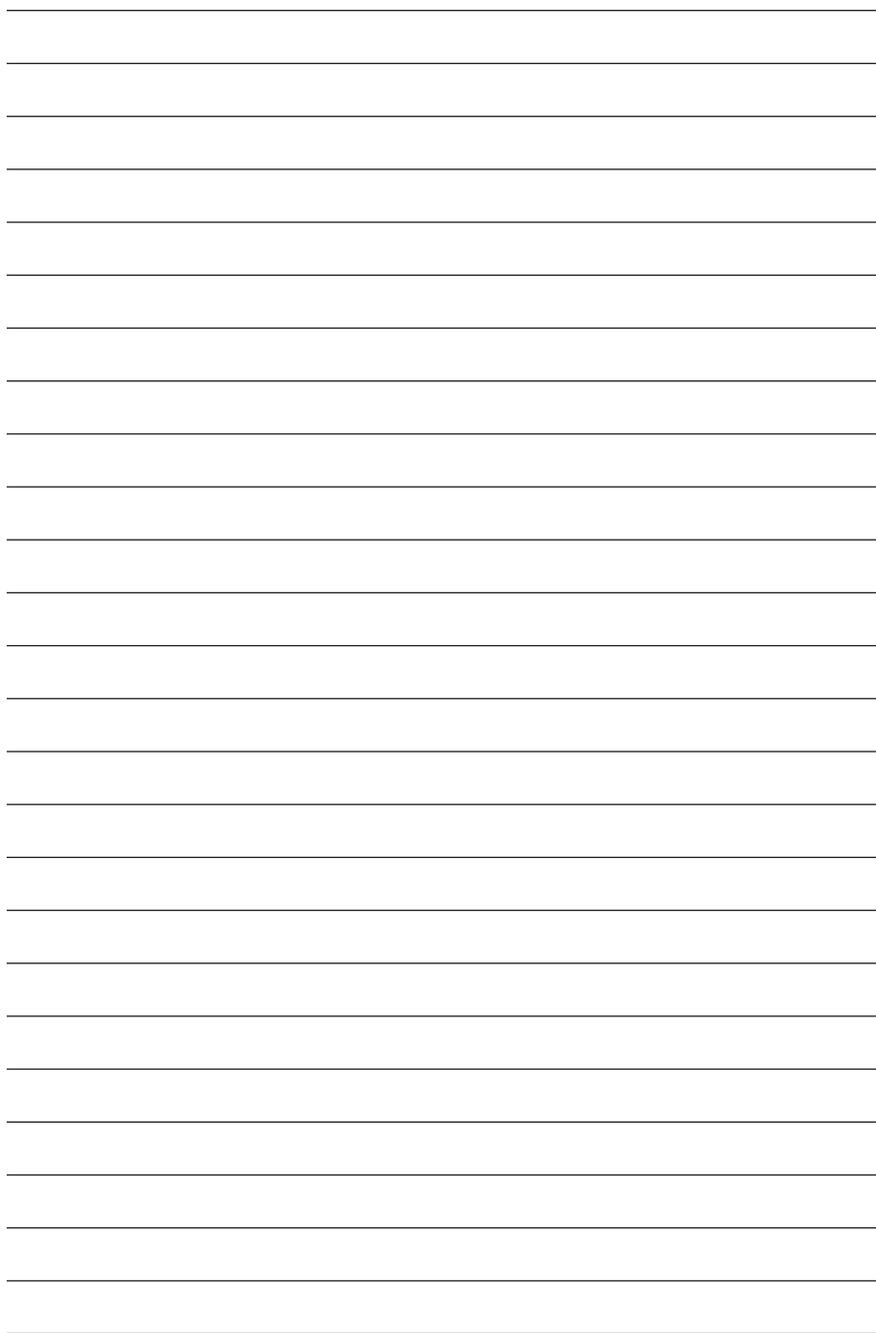
What was that like? Comfortable, awkward, powerful, scary? Write a couple of sentences in your journal that describe your experience. Was there anything that surprised you?



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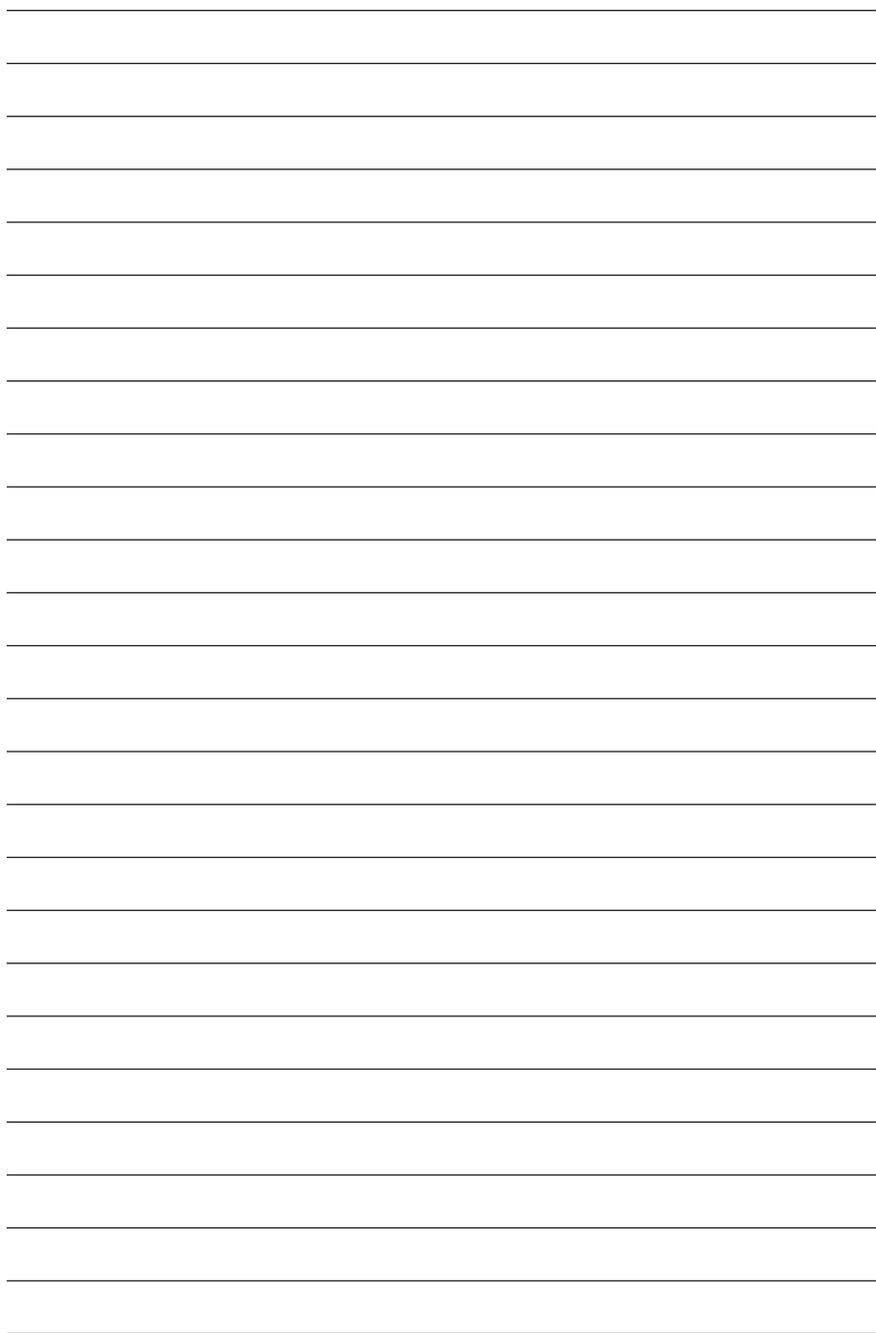
Go to your quiet space, imagine you and Jesus are in the place he has been showing you and ask him to speak something that he's been longing to say to you. Listen and write it down in your journal. Reread what you wrote. Does what you heard match up with God's nature and character?



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Go to your quiet space, imagine you and Jesus are together, and ask him to show you anything that may be blocking you from hearing his voice in greater ways. Write it down in your journal. If needed, take time confessing any lies you have believed, any sins that stand between you and Jesus, any ways you are operating in fear, etc. and repent of these things. Jesus has the authority to erase guilt, shame, and fear, so take advantage of his offer to wipe the slate clean.

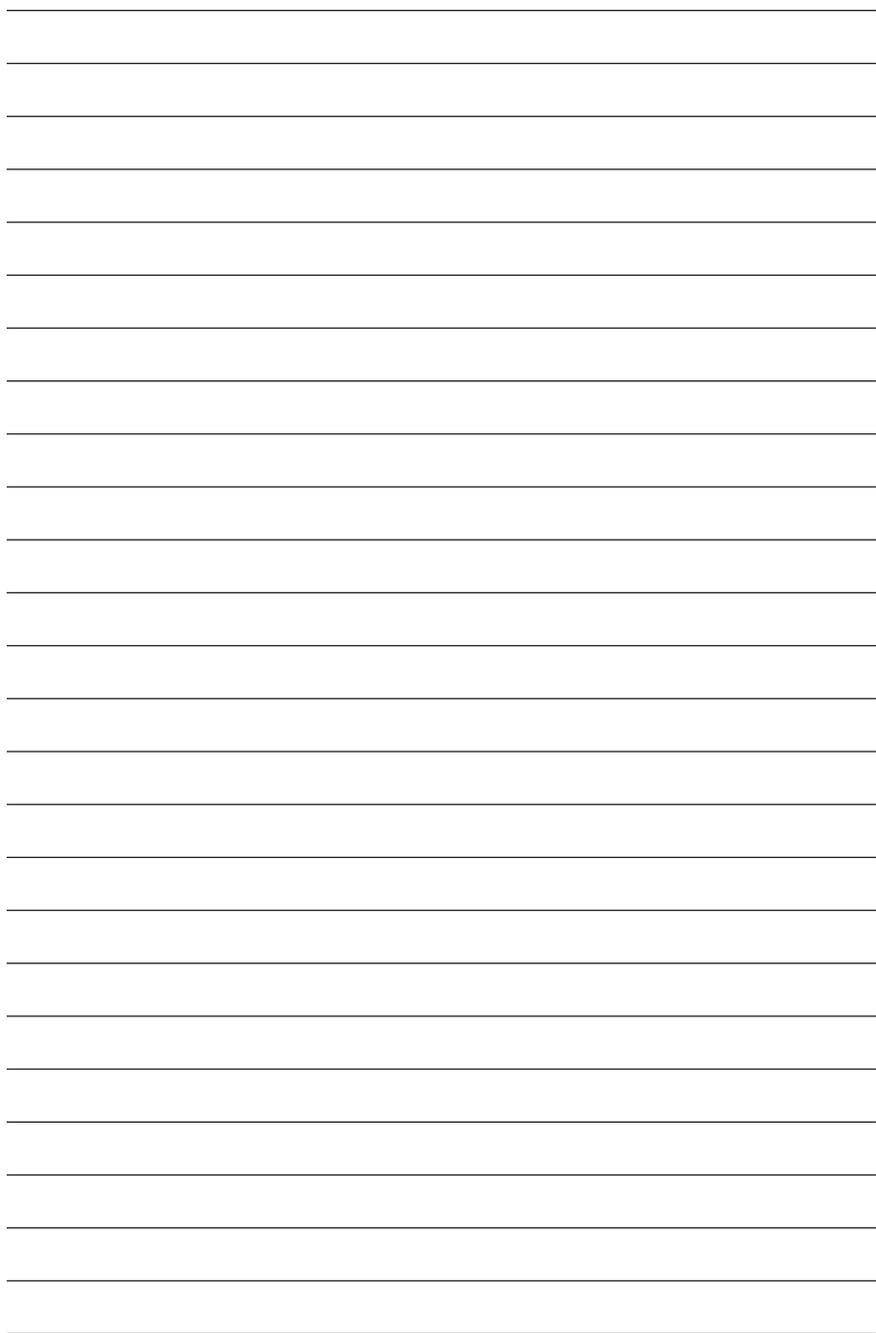


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Go to your quiet space, imagine you and Jesus are together, ask him to give you a greater measure of his Holy Spirit. Ask him to show you a picture of what that looks like. Write down a couple of sentences in your journal describing the image he showed you.

Revisit that image several times today.



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Practicing Journaling... Sit in your quiet space, take the heart posture of young Samuel (I Samuel 3:1-11) and say "Speak Lord, your servant is listening." Write down what you hear. I find it helpful to write what I hear the Holy Spirit saying in brackets as the example below:

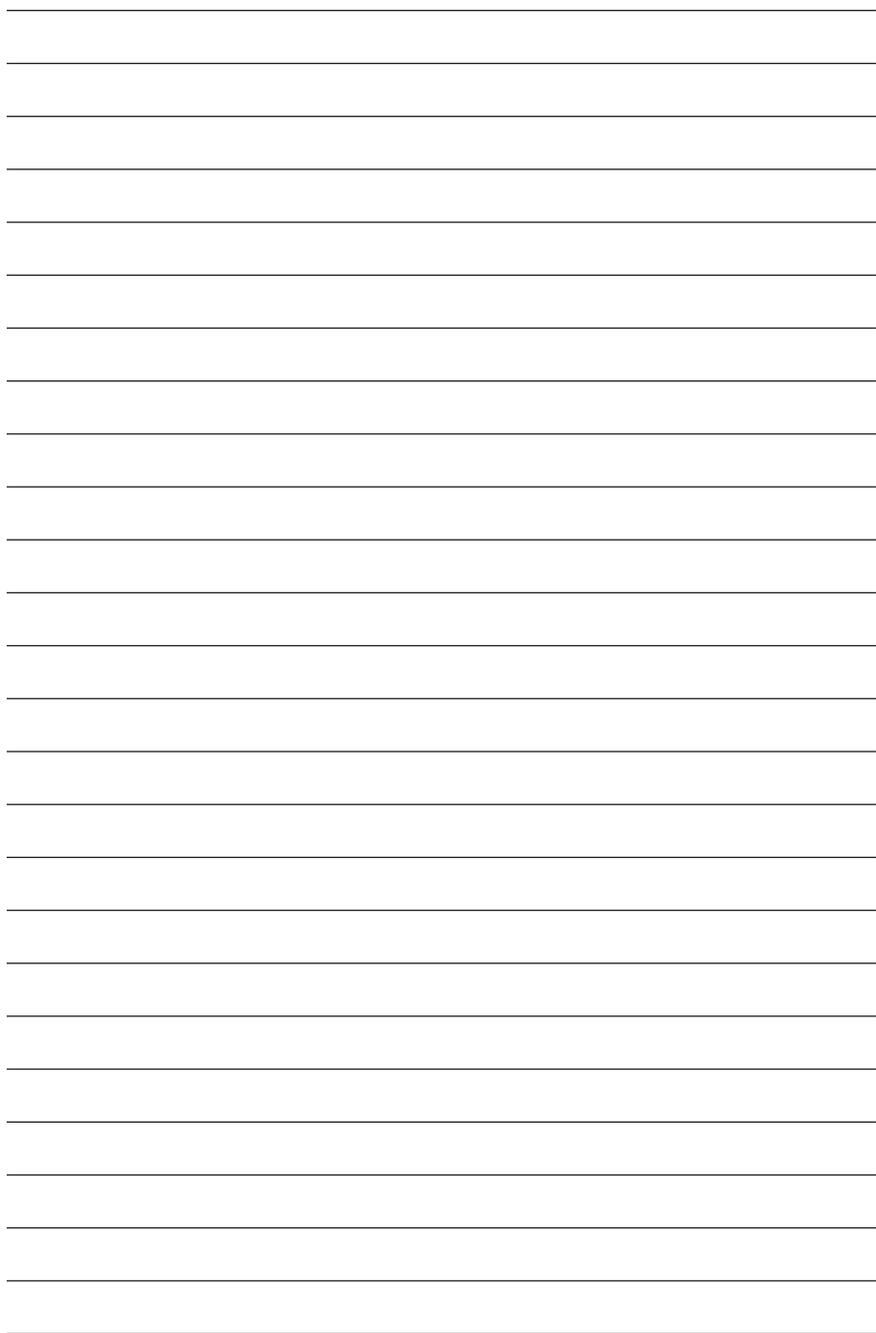
Speak Lord, your servant is listening...

[Your heart is heavy and burdened today child]

I feel overwhelmed Lord. I feel weary and exhausted.

[You can lean into me with all that you have and I will provide for you from MY bounty. You lack nothing. In me is life and abundance, I don't give like the world gives. As you lean into me, I will lean into you.]

Spend an open amount of time dialoguing back and forth with God.



WEEK 2

LISTENING
THROUGH THE WORD

Read • Listen • Obey

Speak Lord, your servant is listening.

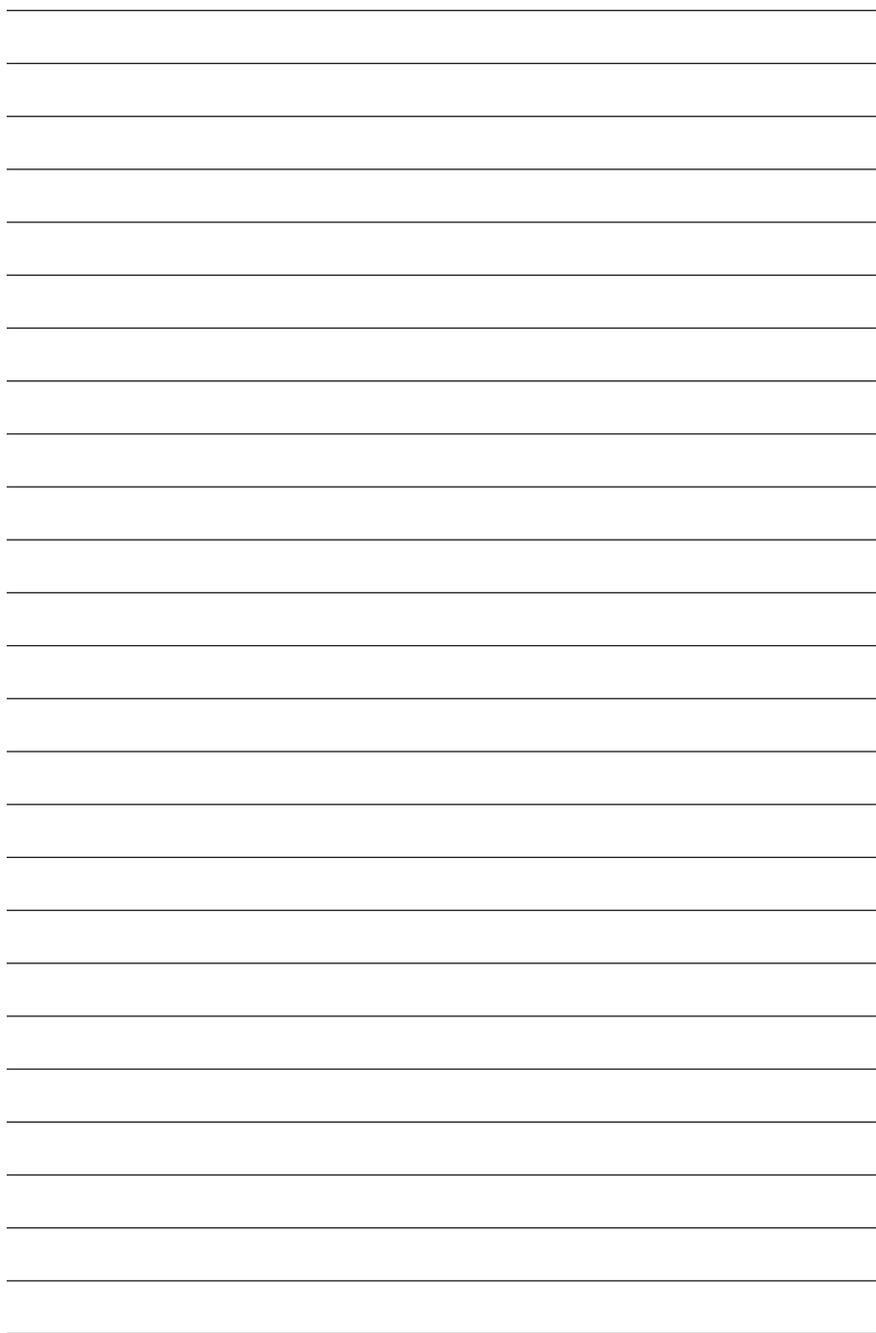
Practice Lectio Divina

This is meant to build in the practice and discipline of meditating on God's Word.

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Go to your quiet space, close your eyes and invite the Holy Spirit to come and speak to you. Ask him, "Of all of the scriptures I've hidden in my heart throughout the years, which one do I need the most in this season." (You may get the whole scripture with chapter and verse reference or you may just hear a snippet of a scripture and you need to look it up.) Write the scripture in your journal. Ask the Lord why this passage is important and write down what he says.



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Go to your quiet space, ask the Holy Spirit to speak to you through his written word. Read Luke 4:14-21. Answer these questions:

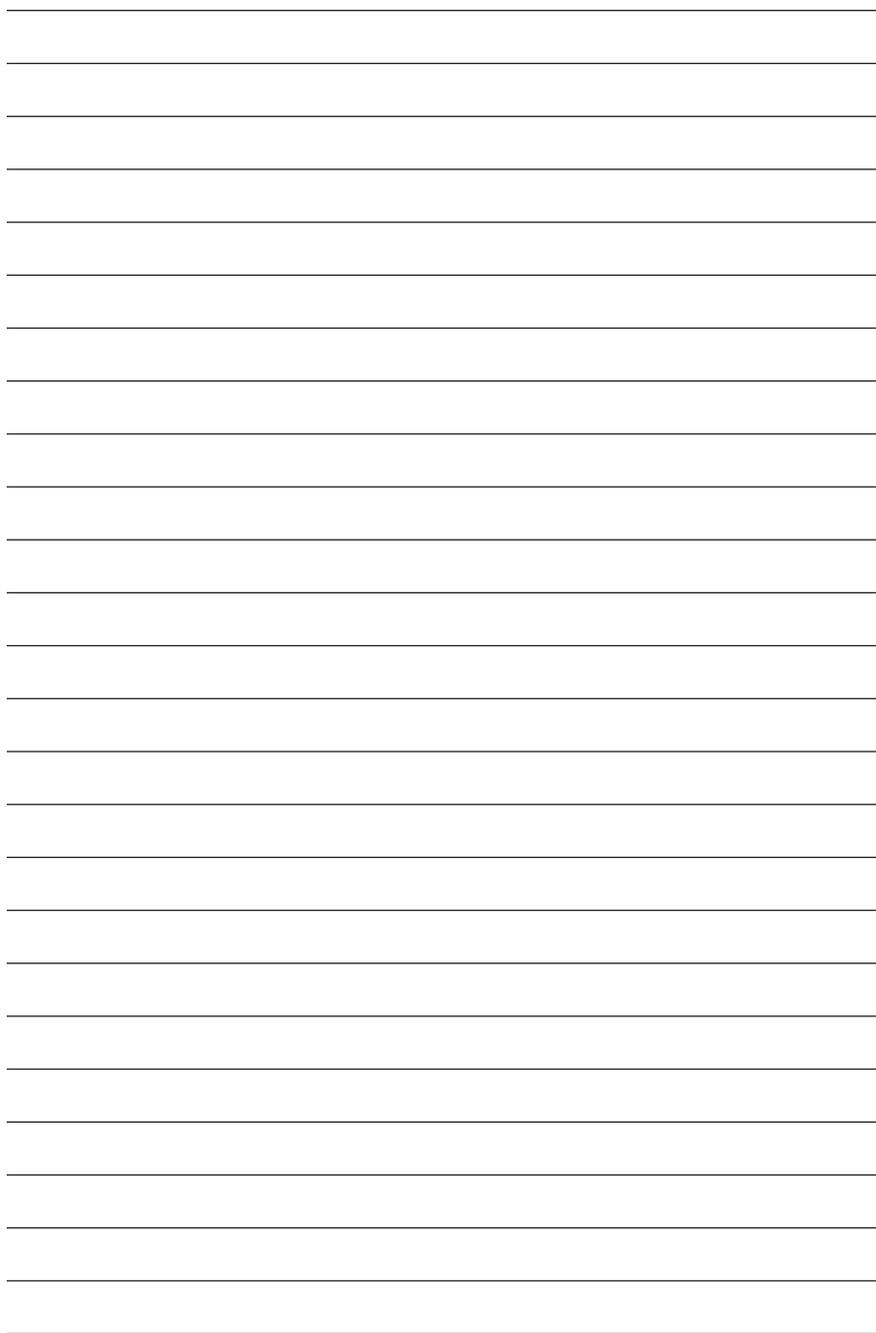
What did you like about the passage?

What didn't you like about the passage?

Read Luke 4:14-21 again, but read it out loud this time.

What do you learn about Jesus from this passage?

Sit quietly for a moment and ask Jesus to show you someone you know that would be blessed by hearing this passage. Write down their name in your journal. Ask God to prepare their hearts to hear his word and then communicate it to them in some way (face to face, text, marco polo, etc.)



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Go to your quiet space, ask the Holy Spirit to speak to you through his written word. Read the 7 "I Am" statements of Jesus:

Bread of Life - John 6:35, 51

Light of the World - John 8:12

Door of the Sheep - John 10:9

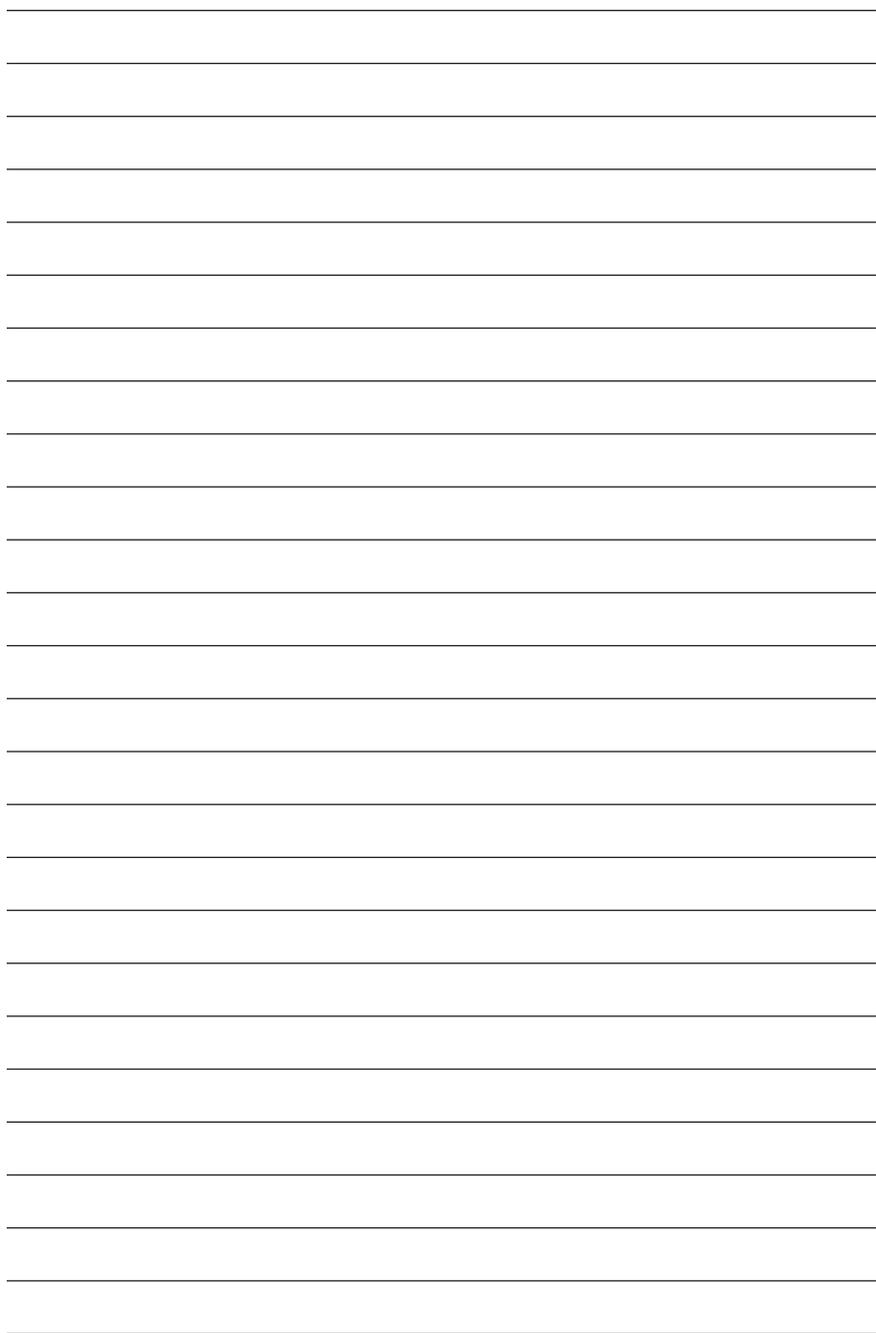
Good Shepherd - John 10:11, 14

Resurrection and the Life - John 11:25

The Way, the Truth, and The Life - John 14:6

The True Vine - John 15:1

Choose 2 or 3 of these metaphors and creatively imagine what it would look like for Jesus to truly be the bread that nourishes your life; the light that illuminates your life; the only true vine that bears good fruit. Jot down what you hear and observe in your journal.



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Go to your quiet space, ask the Holy Spirit to speak to you through the written word. Read these bible verses related to identity and being ACCEPTED:

I am a child of God. John 1:12

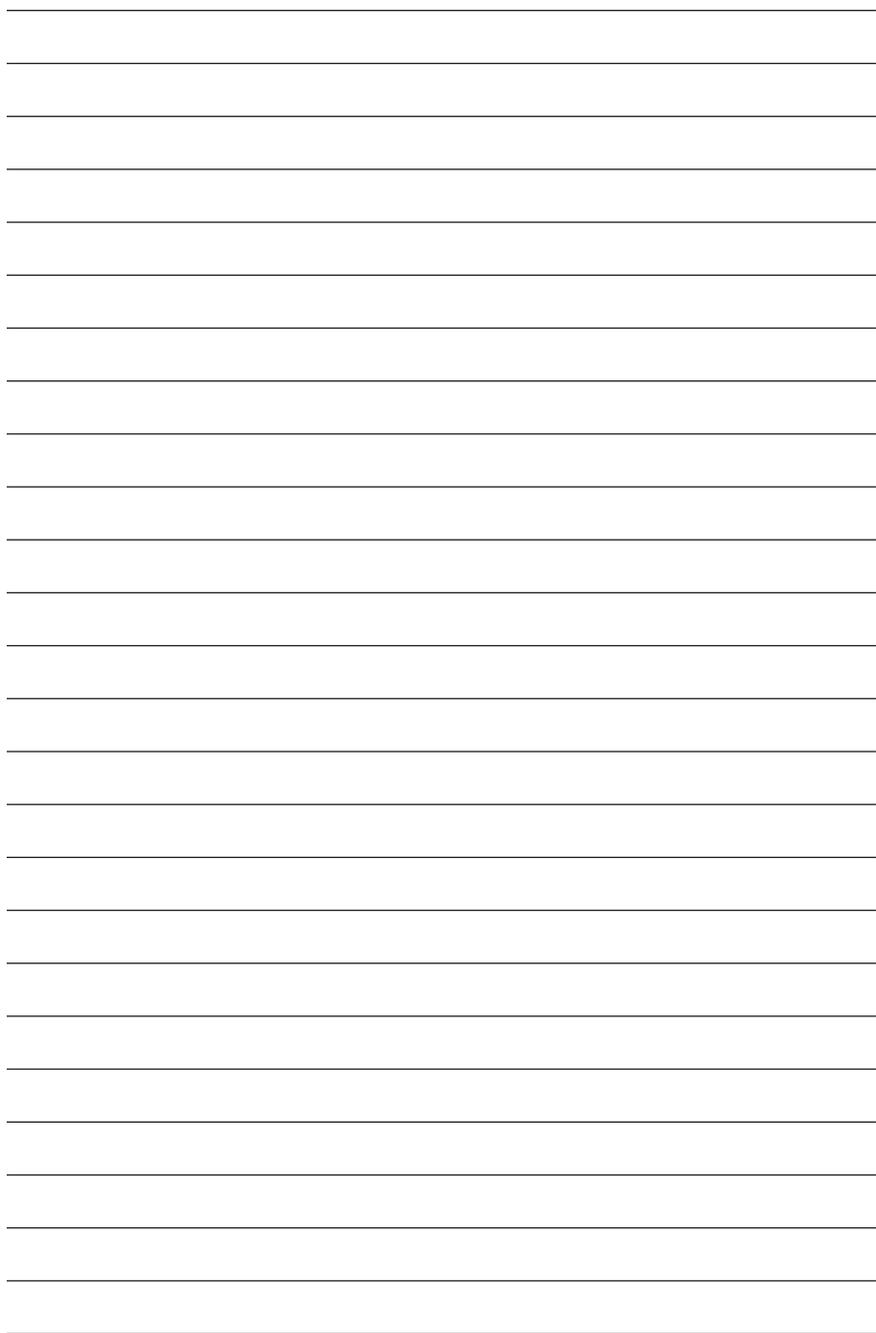
I am Christ's friend. John 15:15

I have direct access to God through the Holy Spirit. Ephesians 2:18

I have been redeemed and forgiven of all my sins.
Colossians 1:13-14

I am complete in Christ. Colossians 2:10

Were any of these statements hard to believe about yourself? Take a quiet moment and ask the Holy Spirit to reveal why that is. Jot down what you hear the Spirit speak.



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Go to your quiet space, ask the Holy Spirit to speak to you through the written word. Read these bible verses related to identity and being SECURE:

I am a citizen of heaven. Philippians 3:20

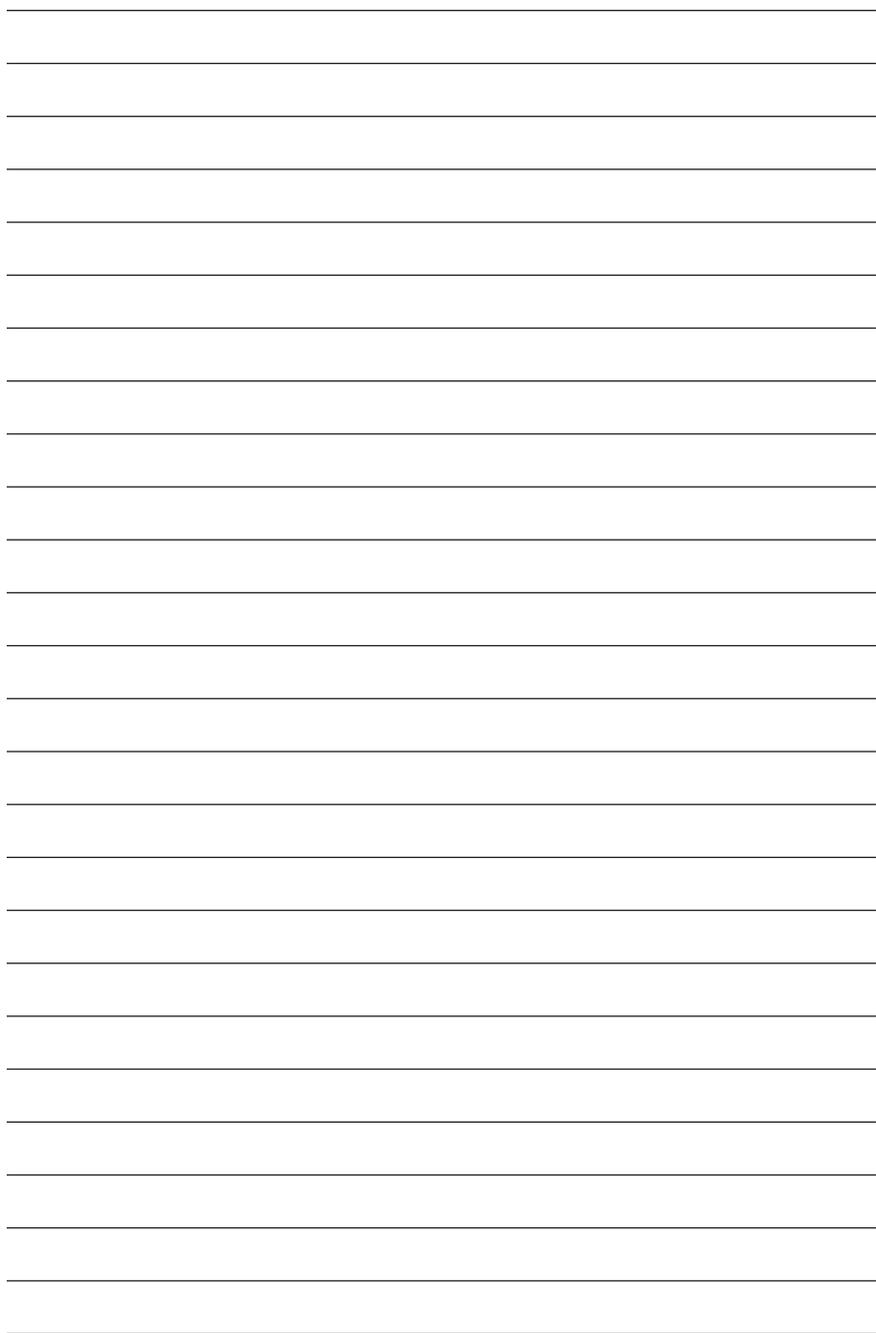
I am free from any condemning charges against me.
Romans 8:31-34

I cannot be separated from the love of God. Romans 8:35-39

I can find grace and mercy in times of need. Hebrews 4:16

I am confident that the good work God began in me will be perfected. Philippians 1:6

Were any of these statements surprising to you? Take a quiet moment and ask the Holy Spirit to reveal why that is. Jot down what you hear the Spirit speak.



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Go to your quiet space, ask the Holy Spirit to speak to you through the written word. Read these bible verses related to identity and being SIGNIFICANT:

I am seated with Christ in the heavenly realm. Ephesians 2:6

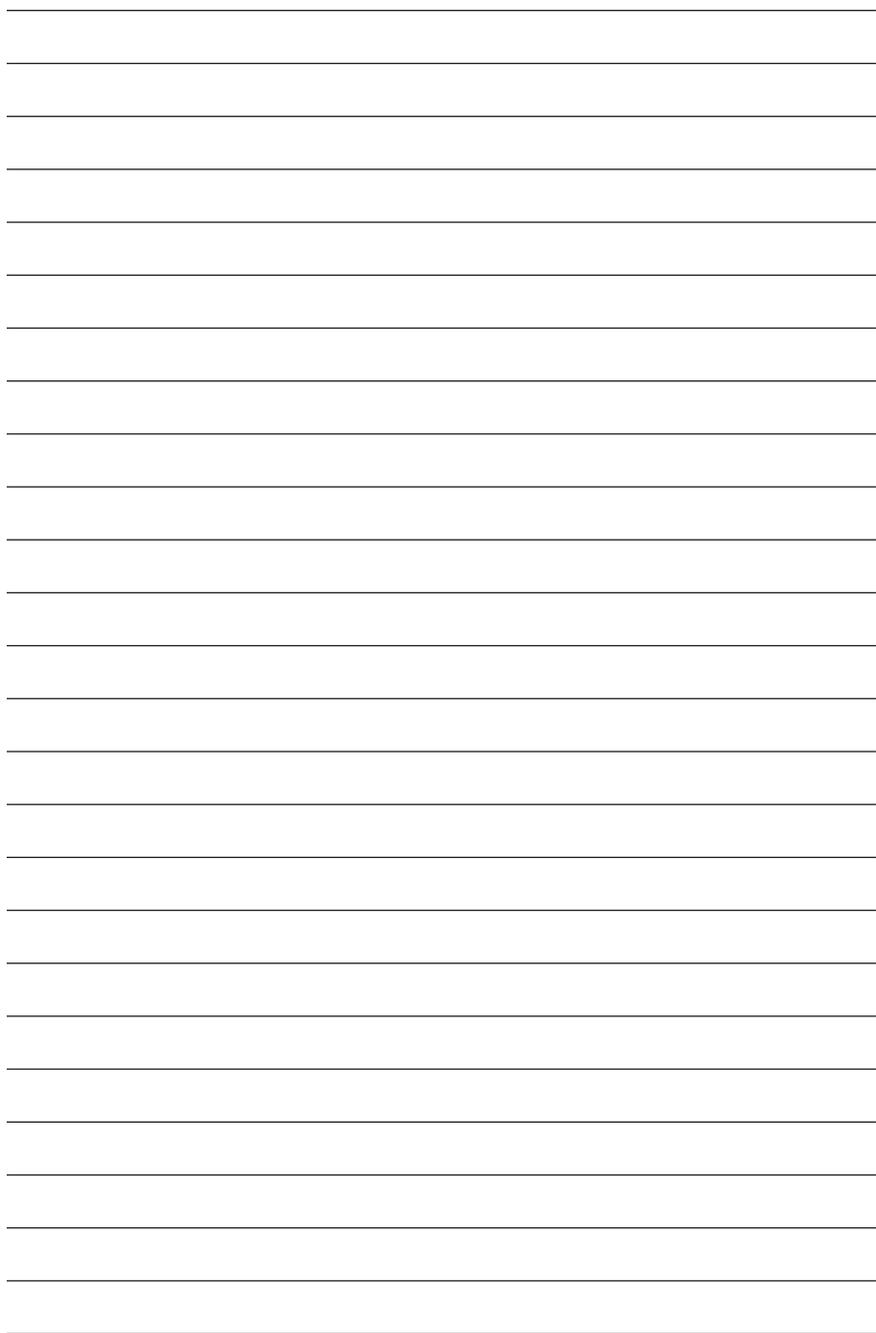
I am God's workmanship. Ephesians 2:10

I am a personal witness of Christ. Acts 1:8

I am God's temple. 1 Corinthians 3:16

I am a minister of reconciliation for God. 2 Corinthians 5:17-21

Which of these five statements stood out to you the most? Take a quiet moment and ask the Holy Spirit to reveal why that is. Jot down what you hear the Spirit speak.

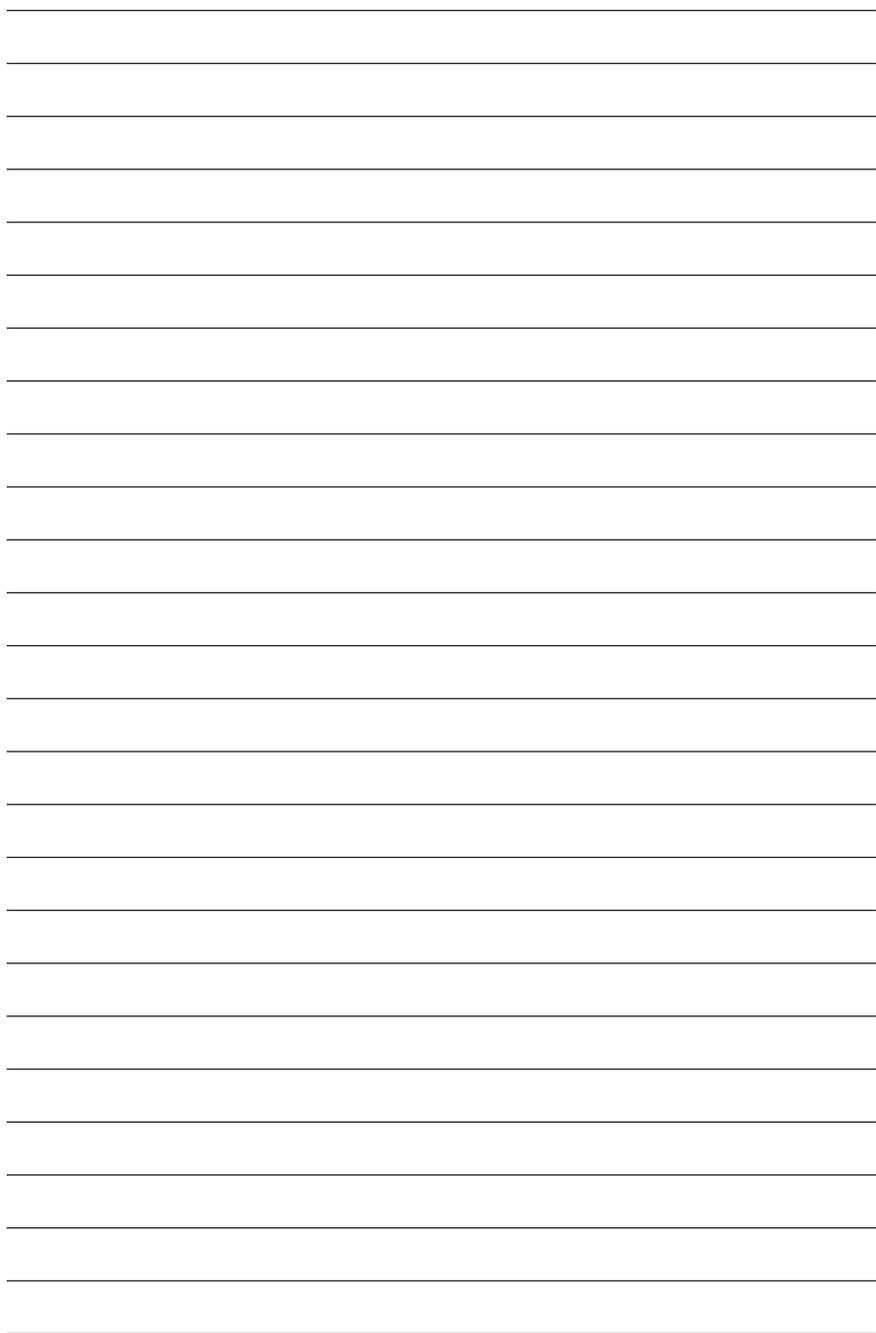


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Practicing Lectio Divina (Sacred Reading) using John 15:1-8

1. **Prepare (Silencio)** - Sit in silence and offer yourself to God. Sit for a few moments in his presence.
2. **Read (Lectio)** - Read John 15:1-8 out loud, slowly allowing the words to resonate and settle in your heart. After a pause, re-read the passage out loud. During these first two readings, listen for the word or phrase that catches your attention and lights up for you.
3. **Reflect (Meditatio)** - Take several moments to sit with your word or phrase. Re-read the passage quietly to yourself and listen to where the word or phrase connects with your life right now. Enter into the scene in your imagination and envision yourself being among those Jesus is teaching. Imagine the other people around you, watch for their reactions. Listen to how they interact with Jesus and each other. What do you hear and experience as you watch and listen?
4. **Pray (Oratio)**- Talk to God about the word or phrase he has highlighted and why it's standing out to you. How has God invited you to respond to his Word? Allow the Scripture to lead you into a prayer response.
5. **Rest (Contemplatio)** - Rest in God's presence, deeply receiving his word and love. Give yourself some time to wait and be still before you reenter life as usual. Take the word or phrase God highlighted to you and remember it throughout your day. Stay with God until you feel prompted to leave.



WEEK 3

LISTENING THROUGH
NATURE & MOVEMENT

Observe • Move • Partner
Speak Lord, your servant is listening.

Prayer to begin each day

Lord, thank you for how you have spoken to me over the last several days. I'm so thankful that you WANT to speak to me and that I'm growing in my ability to hear and discern your voice. Your word says that you are a good Father who knows how to give good gifts to his children when they ask for them (Matt 7:11); so I ask for more... more of your Holy Spirit, more of the gift of discernment, more faith, more boldness, more of anything you want to give me. Thank you that in Christ you have given me authority over the enemy. I stand in that authority now and I command the enemy to leave in the name of Jesus Christ. I silence every voice other than the voice of the Holy Spirit. God, I give you this time as an act of worship, and I ask that in your great love for me, you would meet me right where I am today. Thank you for your faithfulness. Amen.

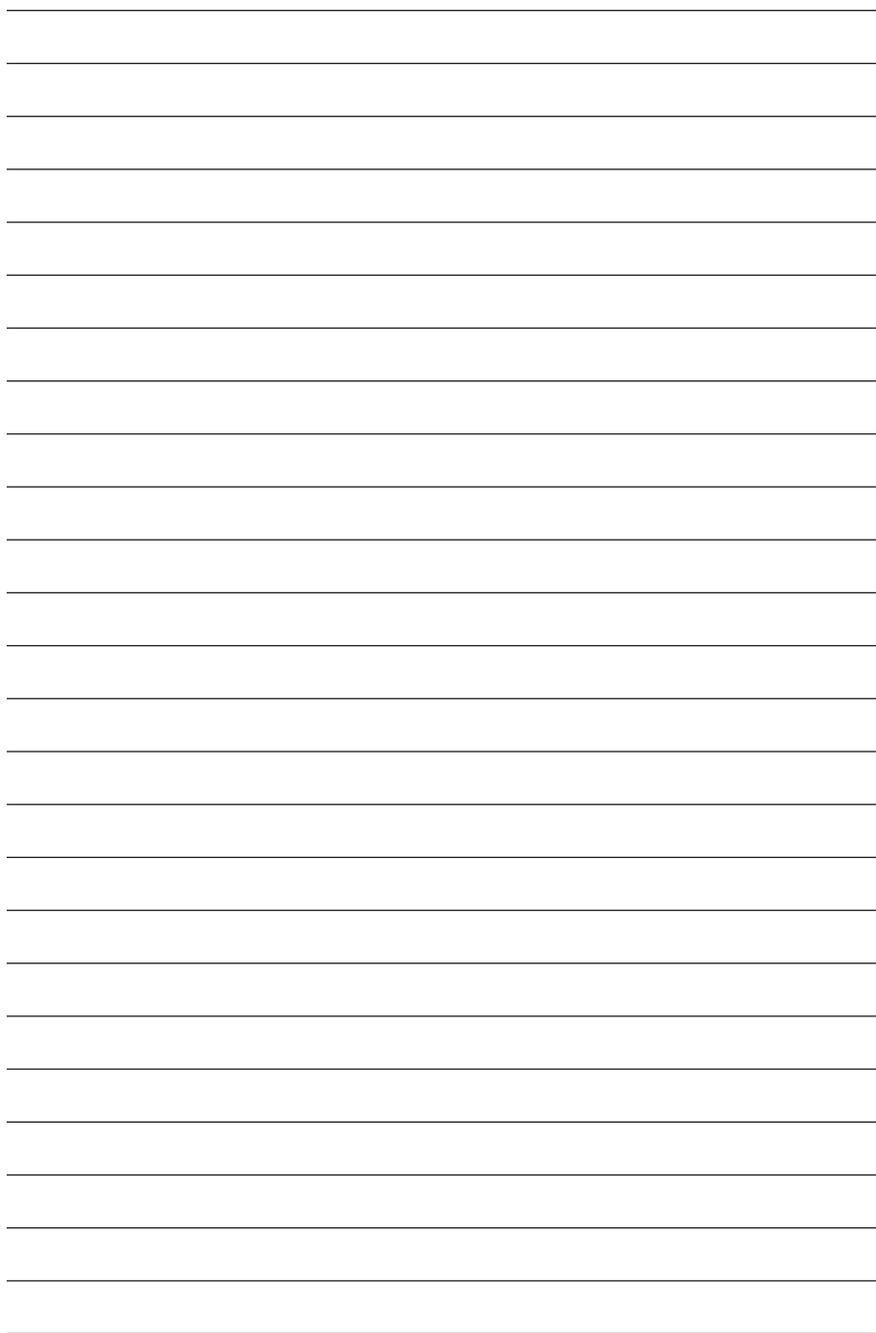
Go to your quiet space, and ask the Holy Spirit to speak to you through his written word.

Read these Bible verses about God's creation:

God's creation proclaims his glory. - Psalm 19:1-4

God's invisible qualities are displayed in nature. - Romans 1:20

Sit in the quiet, and ask the Lord to remind you of a time when you were in awe of his creation. Remember as many details about that moment as you can. Envision yourself back in that moment, seeing this part of his creation all over again in your mind. Ask the Holy Spirit to speak to you about why this particular piece of his creation was so interesting/awe inspiring to you. Write down your thoughts and impressions in your journal.



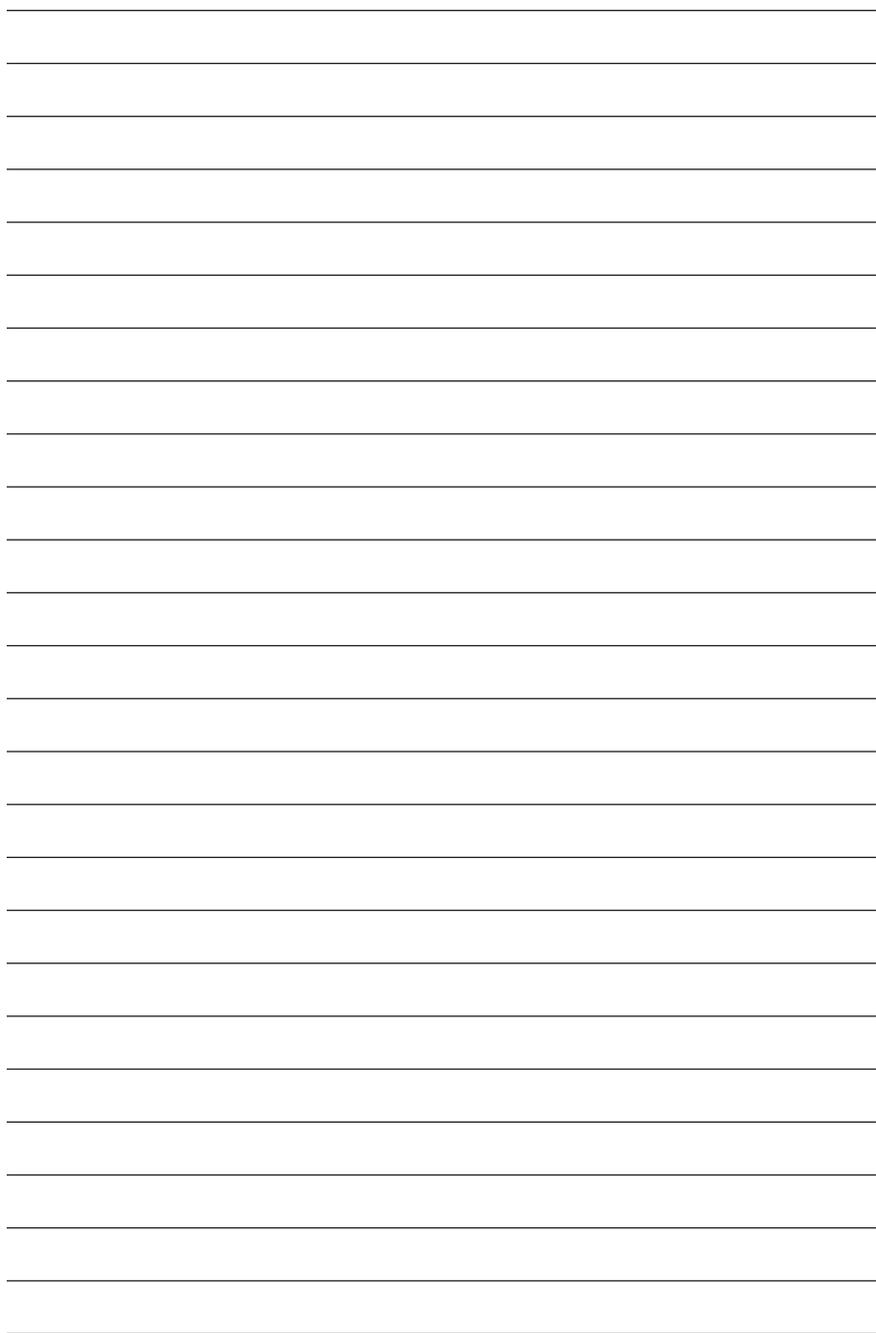
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Go to your quiet space, and reread Psalm 19:1-4. Go outside, and sit for a few minutes or look out a window and observe nature.

Notice if there is a breeze or not. Is it cloudy or sunny? Are there any birds, squirrels or other wildlife around? What is the temperature like.?

After several moments, pause and ask the Holy Spirit to speak to you through what you are seeing and experiencing as you actively observe his creation. Capture these thoughts and impressions in your journal.

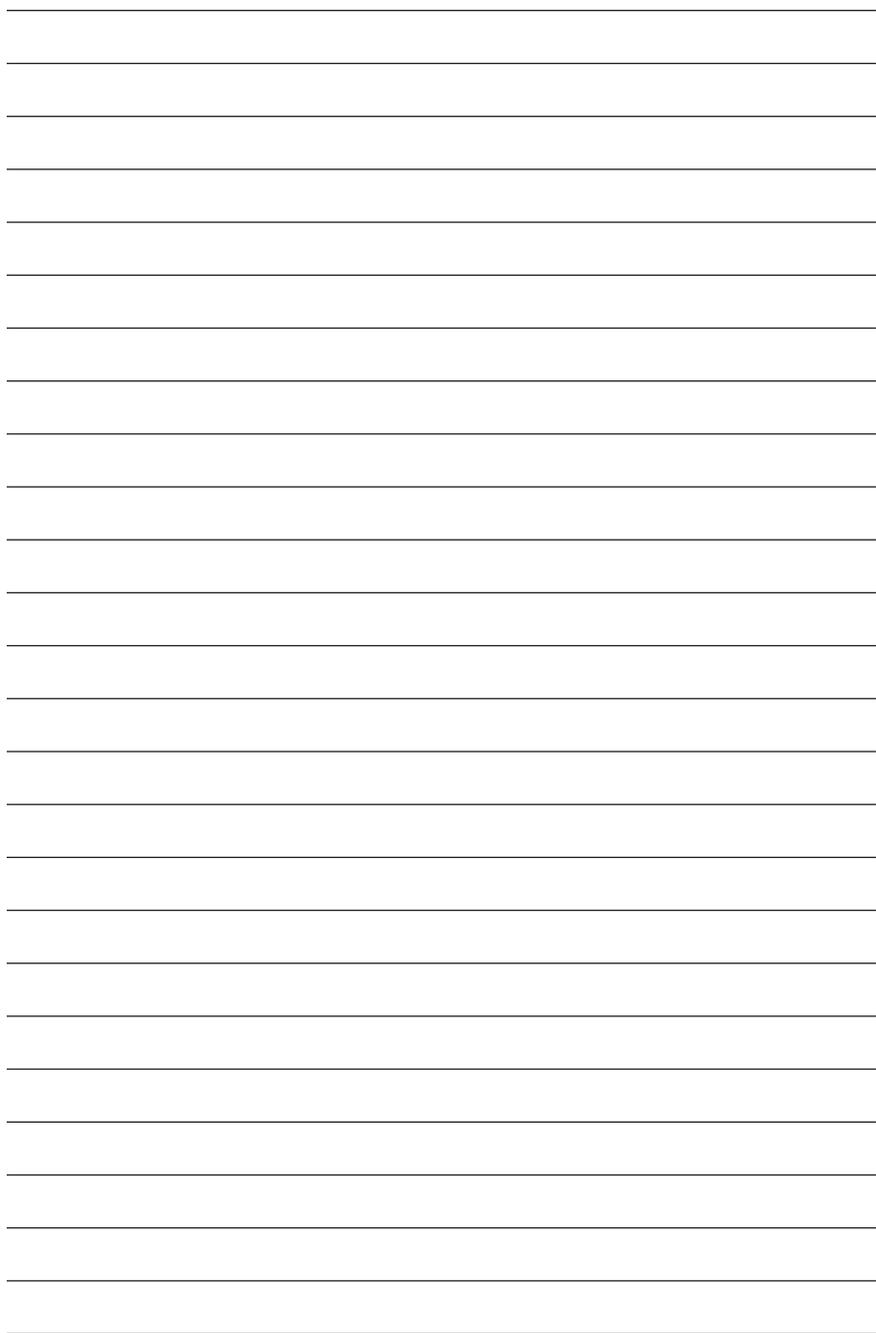


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Get quiet before the Lord and read Psalm 1:1-3. Go outside or look out the window, and find a tree nearby. Observe the tree, and take note of what stands out to you about this particular tree. Is the tree thriving? Is it withering? Is it dormant or about ready to burst forth with new life?

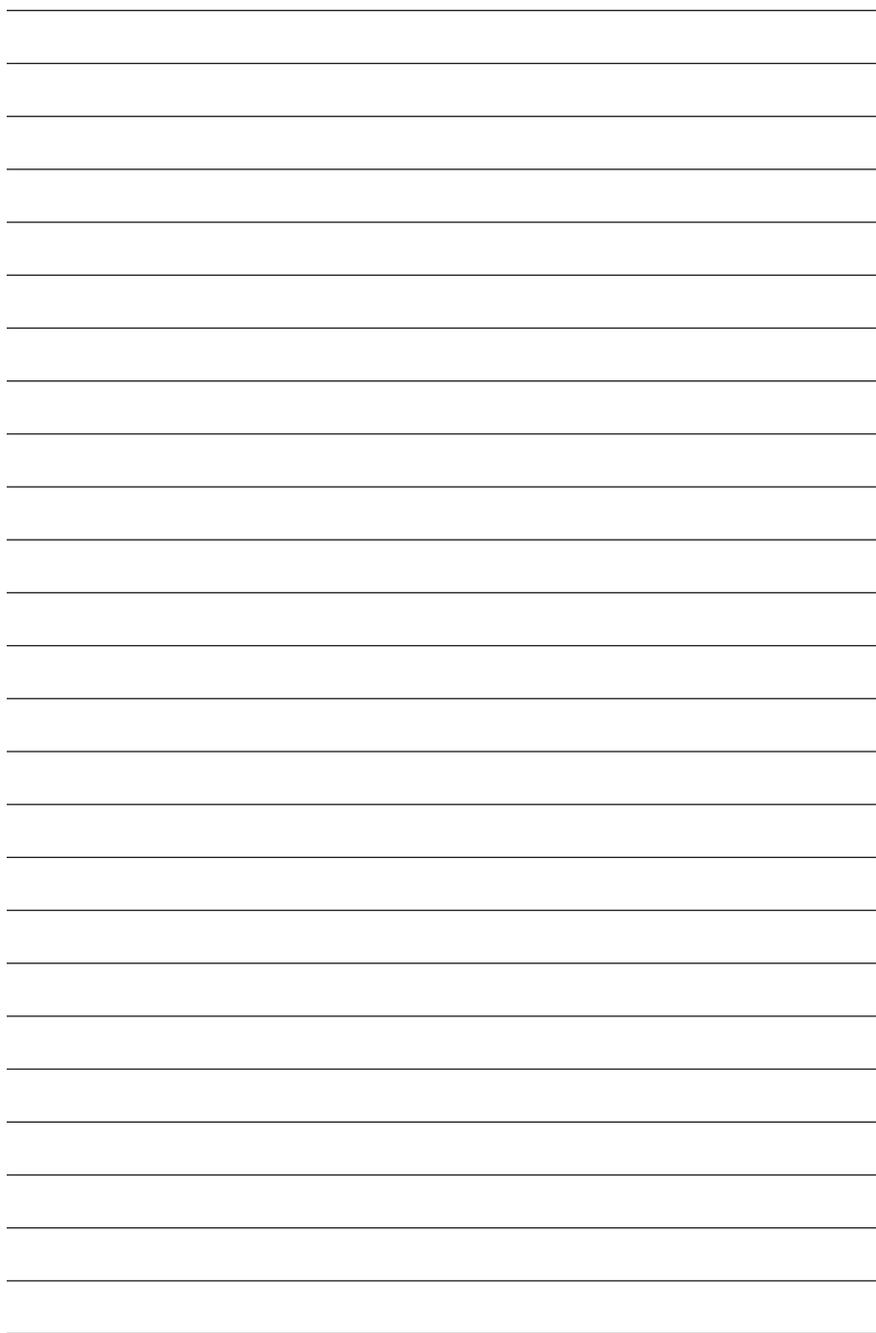
Ask the Holy Spirit to metaphorically speak to you about how you are similar to this tree. Write down what he says in your journal. Ask the Holy Spirit to show you anything you need to be more like the tree in Psalm 1:1-3 - planted by living water; yielding good fruit; not withering; prospering. Record what the Spirit speaks/shows you in your journal.



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Go to your quiet space and read 1 Corinthians 6:19-20. Read the verses again, out loud this time. Pause and ask the Holy Spirit to speak to you about what it looks like for you to honor him with your physical body in this season of your life. Jot down what you hear him say.

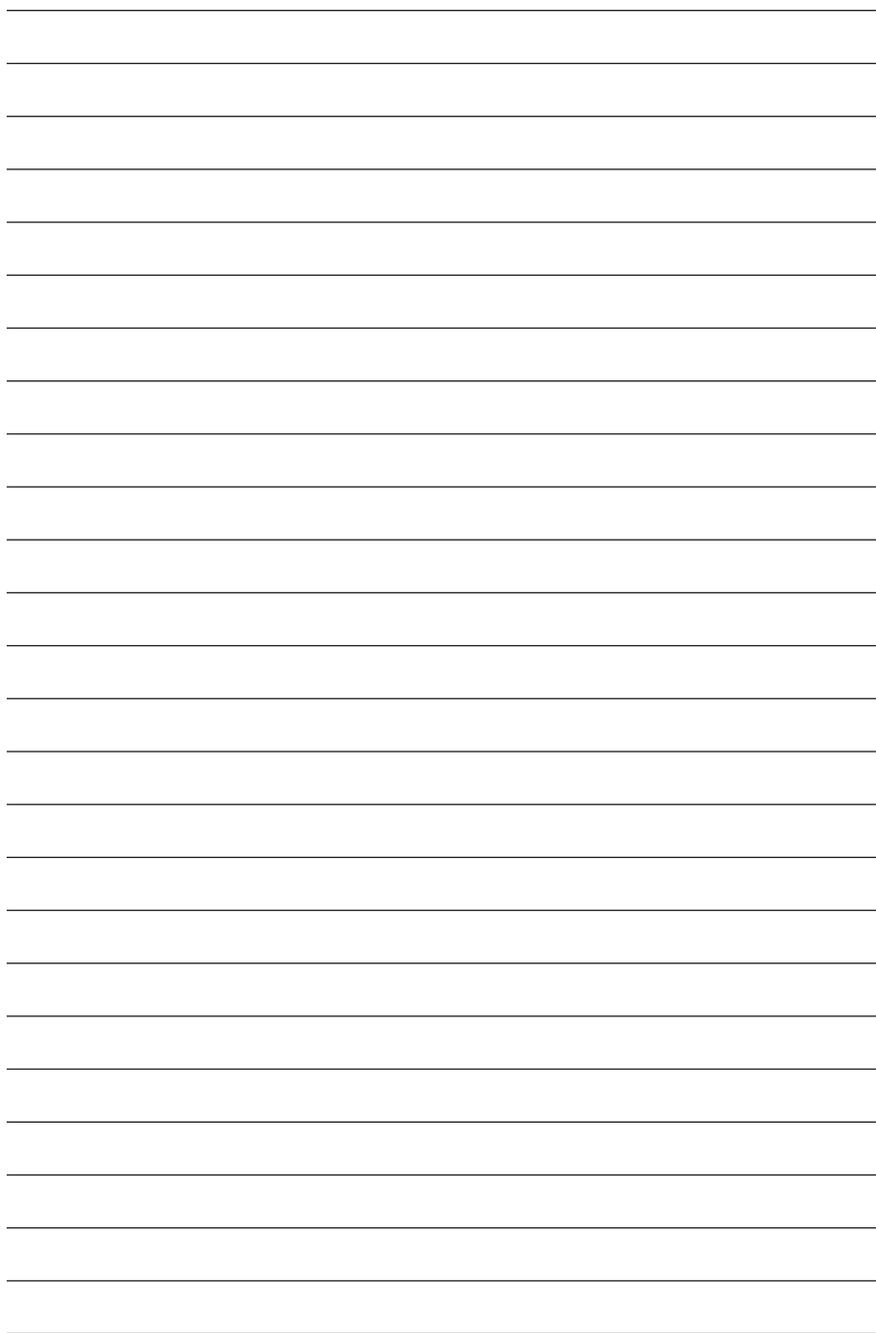


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Get quiet before the Lord, and read Isaiah 40:31. Ask God to show you a picture in your mind of your physical body strengthening; imagine what it would look and feel like to walk or run and not grow tired. Stay with this picture in your mind for several moments.

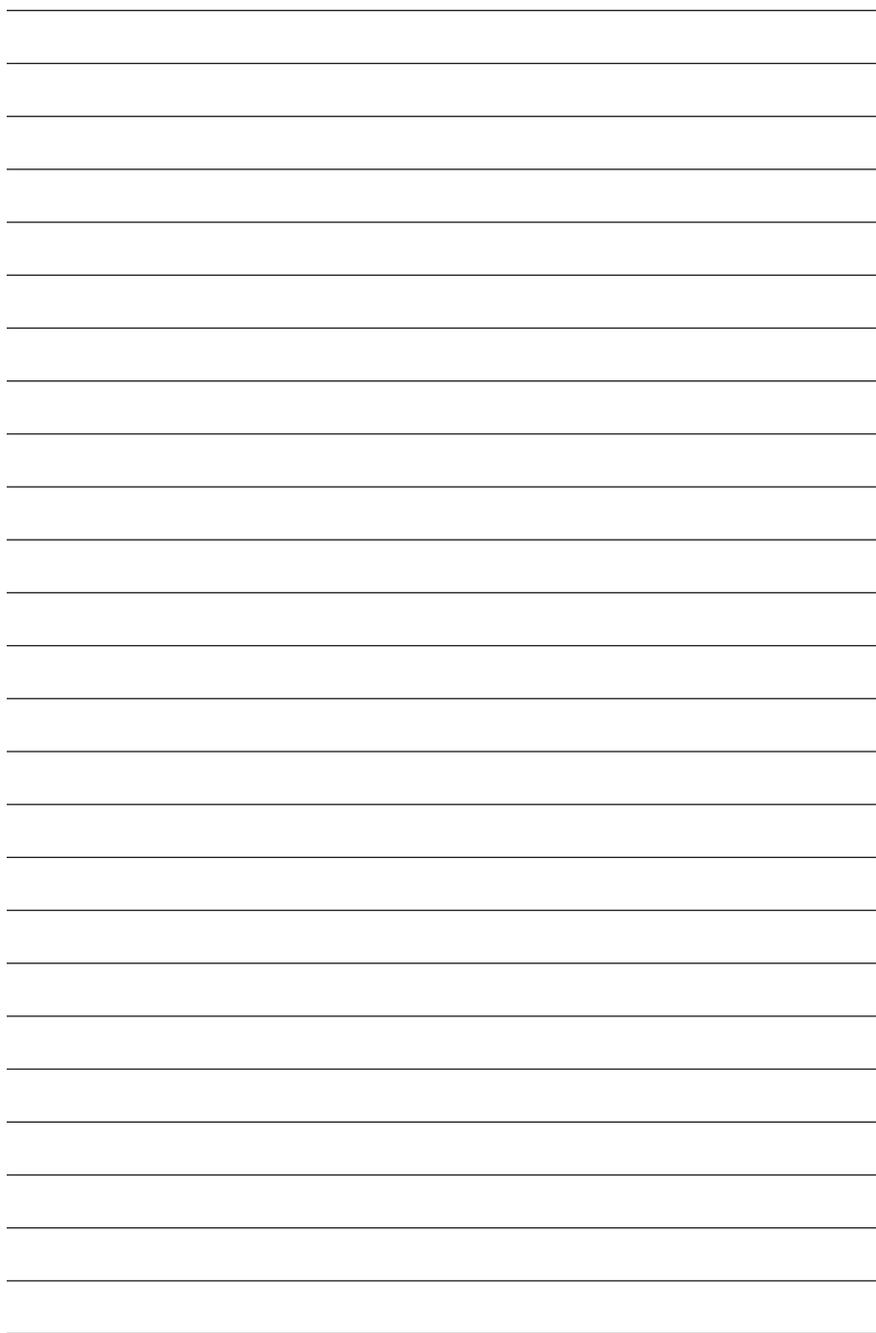
Take a few minutes, and make a plan for how you can get some movement in your body today. If you have a regular exercise routine, intentionally give that time to God as an act of worship today, and ask the Holy Spirit to speak to you while you exercise. If exercise is not part of your daily routine, that's ok! Make a conscious effort to engage in some sort of movement that you enjoy, even if it's just going for a short walk around the office where you work. Dedicate those moments to the Lord, asking him to speak to you as you move. Write down any impressions you have from that time in your journal.



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Reread Isaiah 40:31, and envision your body strengthening again. Ask God to renew, strengthen, and heal your physical body. Get moving again today through some sort of exercise/movement, even if it's just a quick walk on your lunch break. Give that time to God as an act of worship, and ask him to communicate to you as you move. Write down a few notes about your experience in your journal.



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Practicing Prayer Walking

Today combine movement and nature by going on a prayer walk. You can prayer walk your neighborhood, around your church building, around a part of town that you long to see God bring breakthrough, anywhere!

WEEK 4

LISTENING THROUGH
CREATIVE WORKS

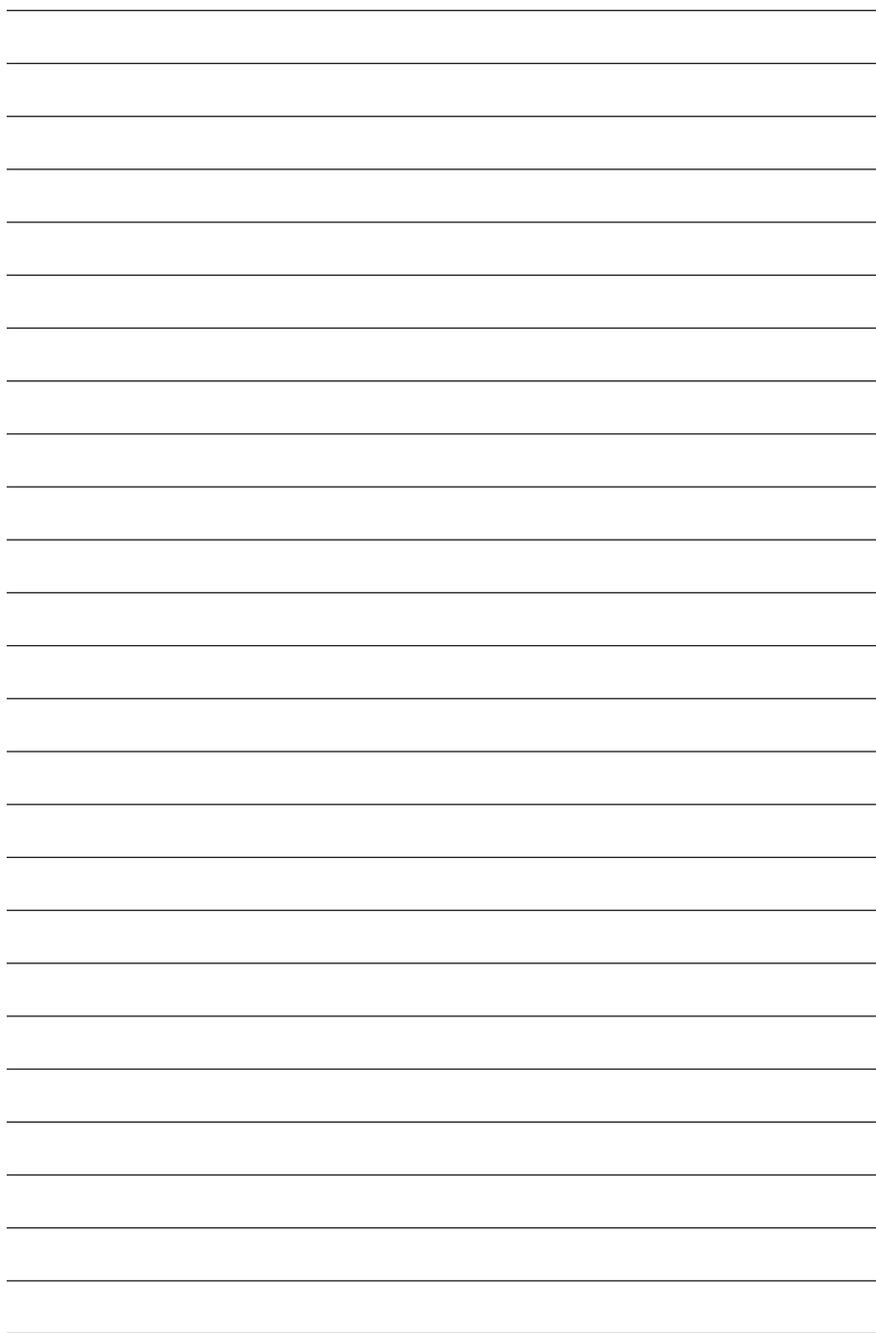
Listen • Behold • Create
Speak Lord, your servant is listening.

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Quiet yourself before the Lord and read Psalm 98:1-7. Ask the Holy Spirit to help you have a greater awareness this week of how he wants to speak to you through music and art.

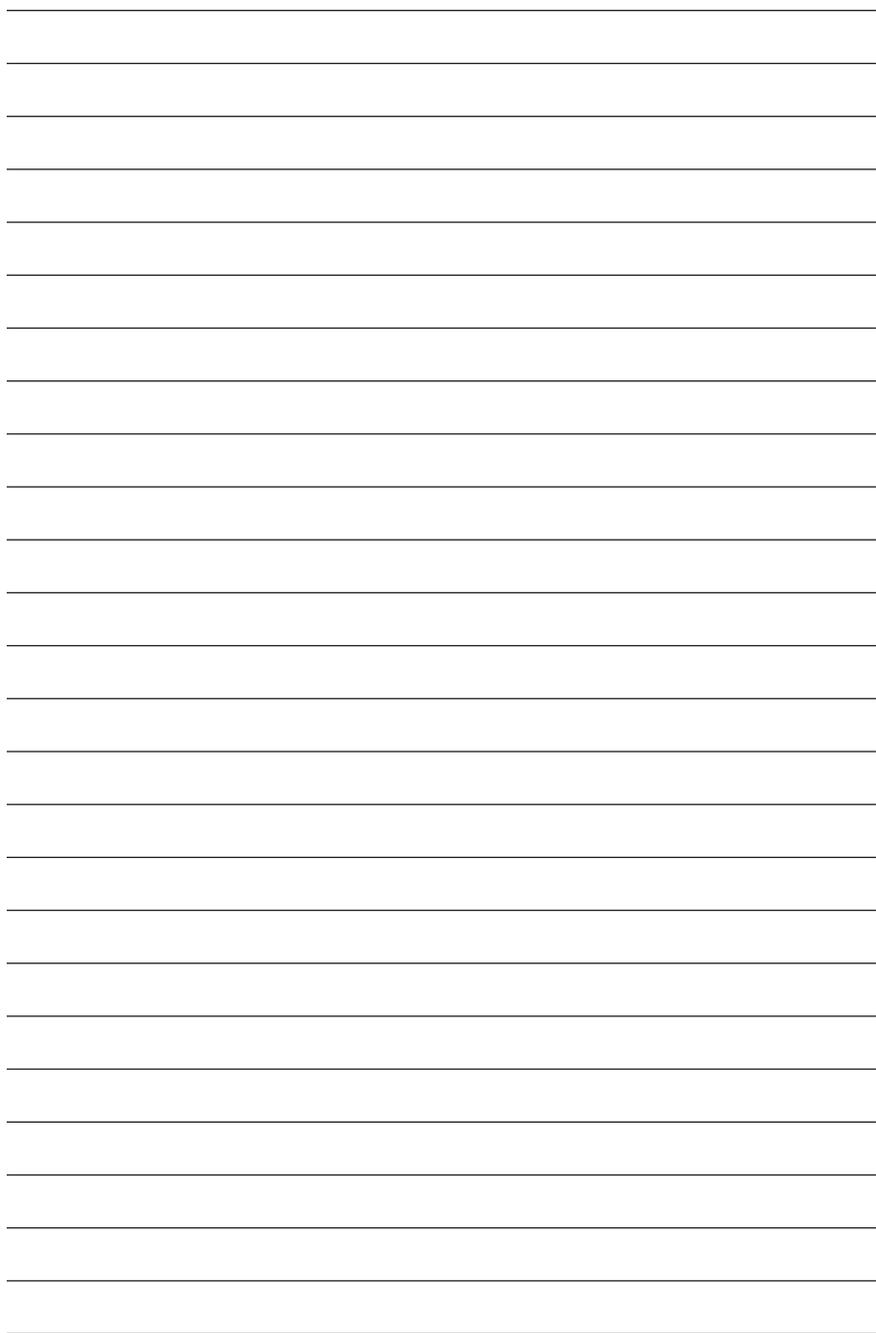
Read Matthew 19:14, and take a few quiet moments asking God to bring to mind a song you learned in childhood (or maybe you learned it as an adult from your kids.) Think about the lyrics and write a few of them down in your journal. Ask the Holy Spirit why he reminded you of that particular song, and write down what he says.



Prayer to begin each day

Lord, thank you for how you have spoken to me over the last several days. I'm so thankful that you WANT to speak to me and that I'm growing in my ability to hear and discern your voice. Your word says that you are a good Father who knows how to give good gifts to his children when they ask for them (Matt 7:11); so I ask for more... more of your Holy Spirit, more of the gift of discernment, more faith, more boldness, more of anything you want to give me. Thank you that in Christ you have given me authority over the enemy. I stand in that authority now and I command the enemy to leave in the name of Jesus Christ. I silence every voice other than the voice of the Holy Spirit. God, I give you this time as an act of worship, and I ask that in your great love for me, you would meet me right where I am today. Thank you for your faithfulness. Amen.

Go to your quiet place, and ask the Holy Spirit to speak to you as you read Colossians 3:16. Ask God to bring an old hymn to mind that he knows you need in this season of life. Write a few of the lyrics down in your journal, and ask the Holy Spirit to teach you something through the lyrics. Write down your thoughts and impressions from this time.

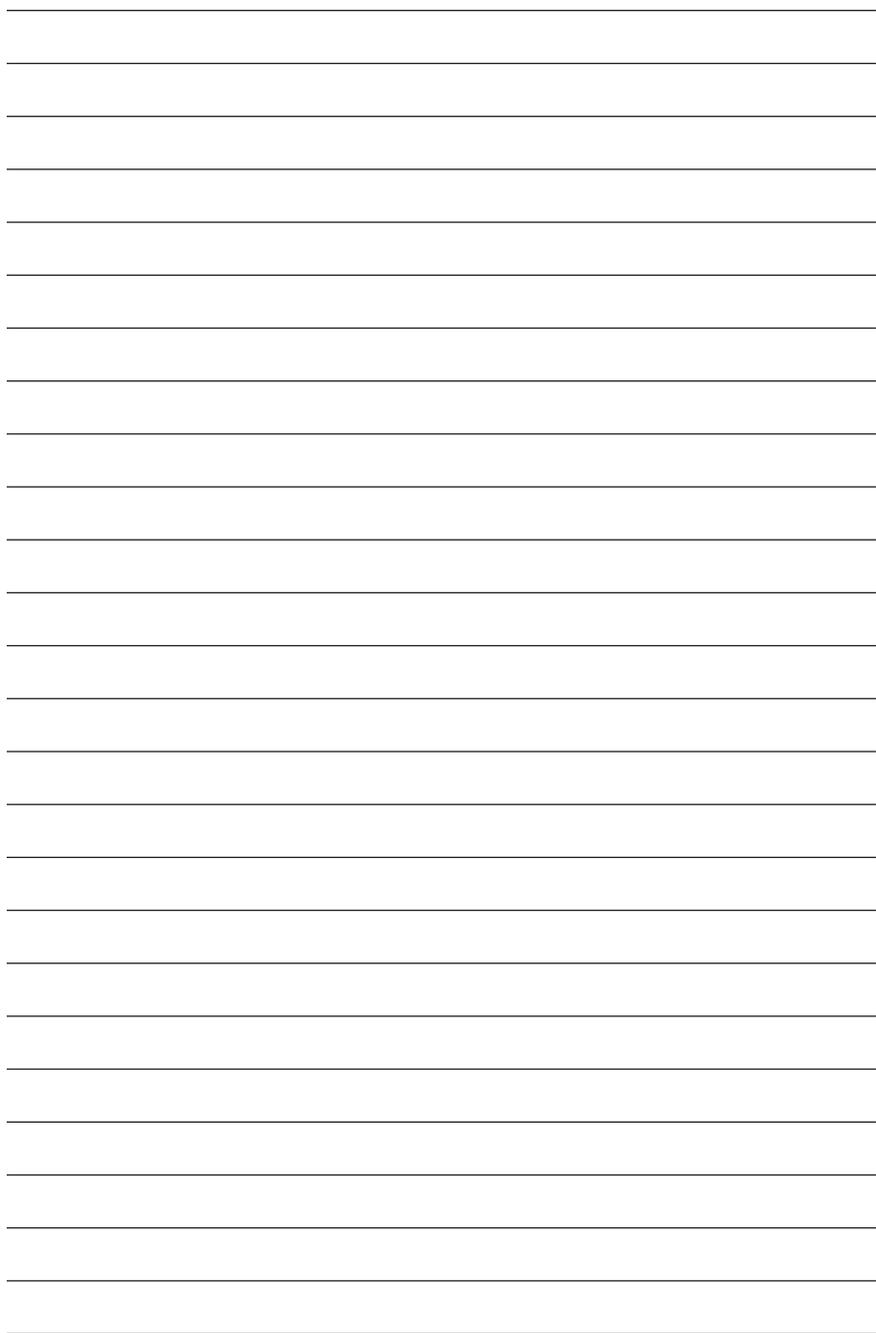


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Go to a quiet place and listen to the song So Will I by Hillsong United. Ask the Holy Spirit to highlight specific lyrics that he wants you to remember from the song. Write those lyrics in your journal, and ask God what he wants to say to you about them. Listen and write down what you hear.

Youtube Link: <https://m.youtube.com/watch?v=oLURtvUQoTM>



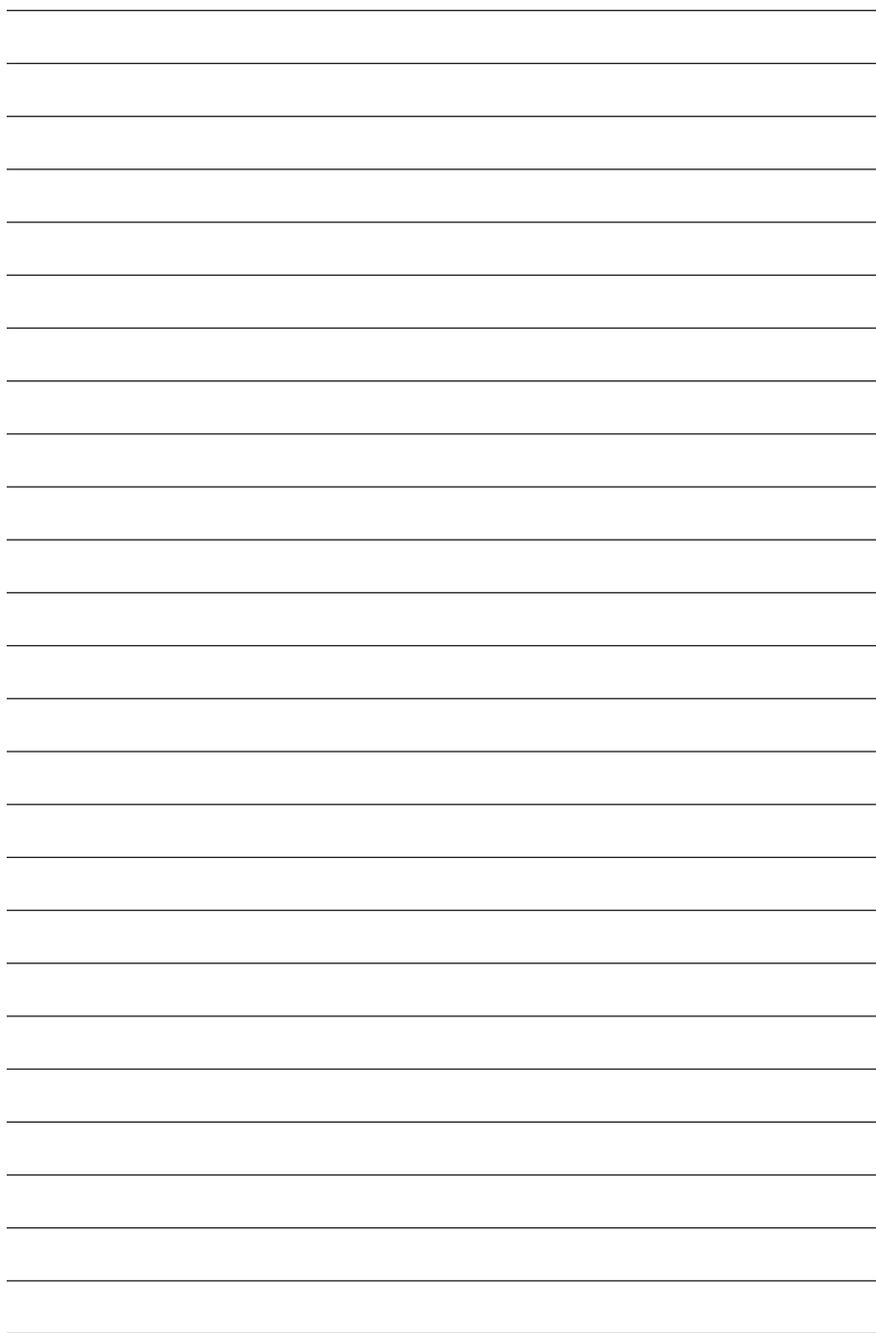
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Go to your quiet place, and ask the Holy Spirit to speak to you through this piece of art work. Take several moments to study the painting, and then ask the Holy Spirit to speak into your current circumstances through this work of creativity. Record what the Spirit speaks.



J. Hickman - www.storiedart.com



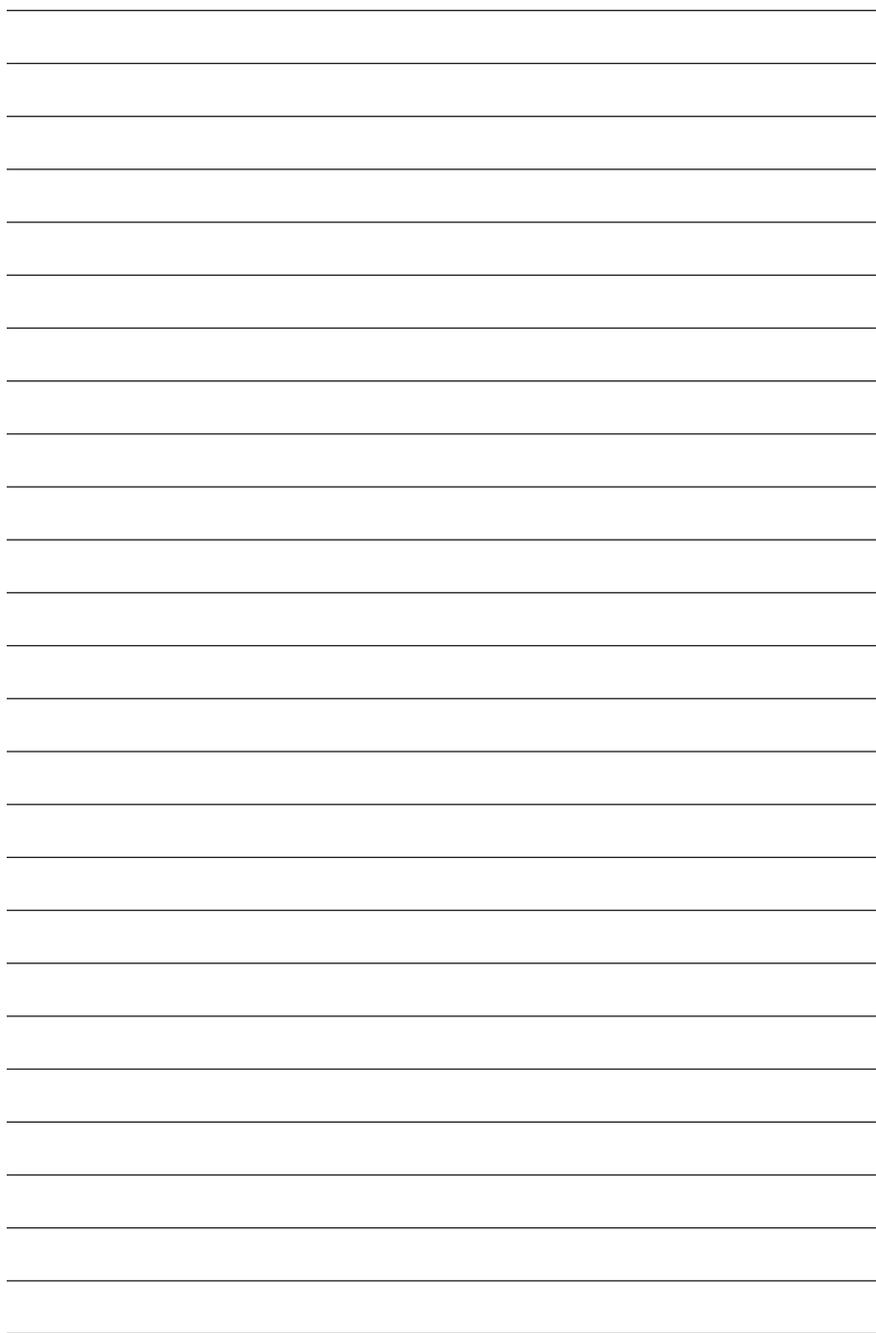
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Go to your quiet place, and ask the Holy Spirit to speak to you through this work of art. Spend several moments noticing the different details, and aspects of the painting. Ask the Holy Spirit to highlight one of the details and ask him why that particular detail is important for you to notice. Jot down a few sentences in your journal to capture what you heard.



Linda Iorio - www.godcolorart.org



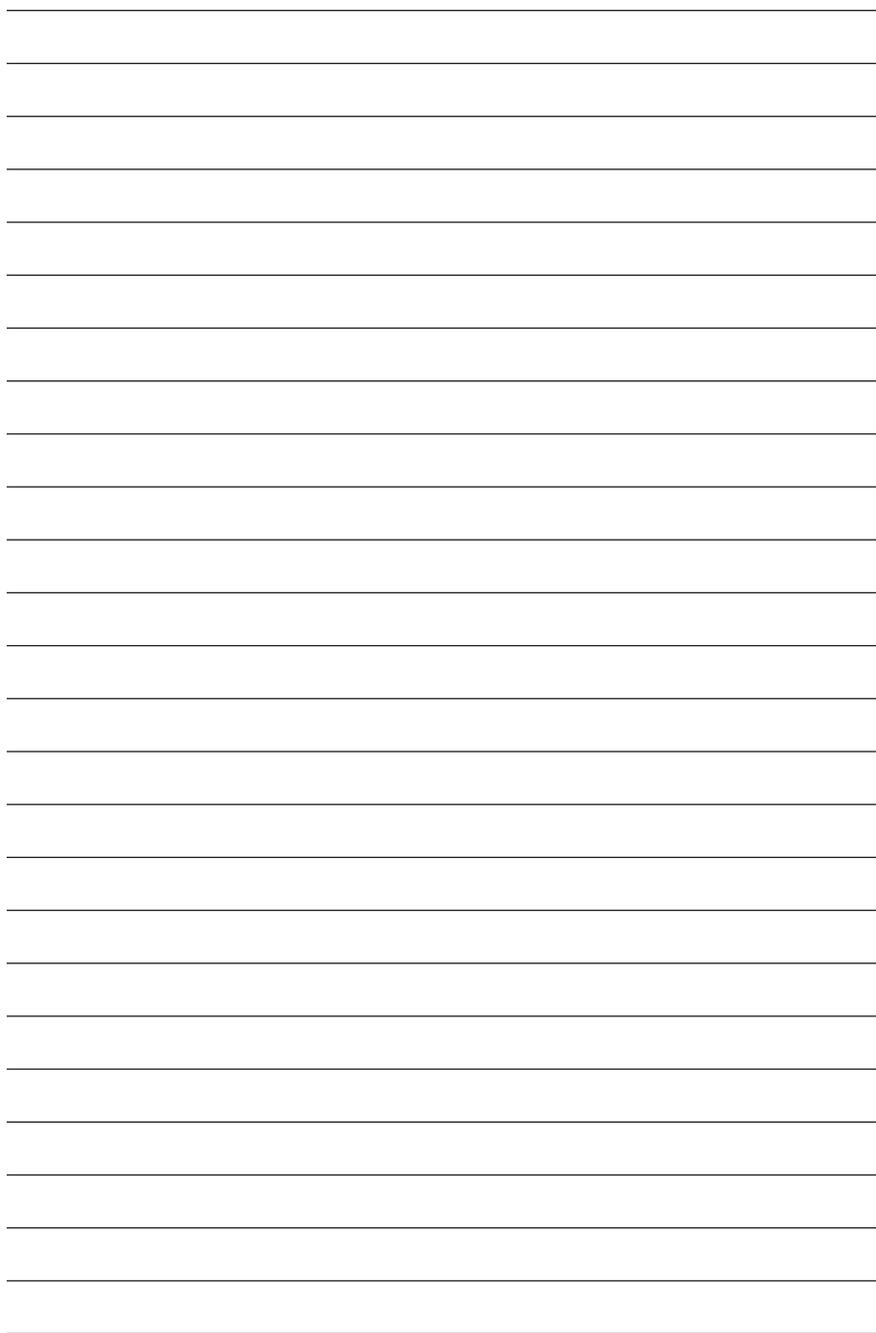
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Go to your quiet place, and ask the Holy Spirit to speak to you through this work of art. Throughout scripture, God often speaks in abstract ways: through puns, metaphors, parables, etc. God wants to continue speaking to us in those ways as well. Today, ask him to speak to you in an abstract way as you observe this piece of abstract art.



www.artpeacewithgod.com



Prayer to begin each day

Lord, thank you for how you have spoken to me over the last several days. I'm so thankful that you WANT to speak to me and that I'm growing in my ability to hear and discern your voice. Your word says that you are a good Father who knows how to give good gifts to his children when they ask for them (Matt 7:11); so I ask for more... more of your Holy Spirit, more of the gift of discernment, more faith, more boldness, more of anything you want to give me. Thank you that in Christ you have given me authority over the enemy. I stand in that authority now and I command the enemy to leave in the name of Jesus Christ. I silence every voice other than the voice of the Holy Spirit. God, I give you this time as an act of worship, and I ask that in your great love for me, you would meet me right where I am today. Thank you for your faithfulness. Amen.

Practicing Creativity

Quiet yourself before the Lord and read these verses:

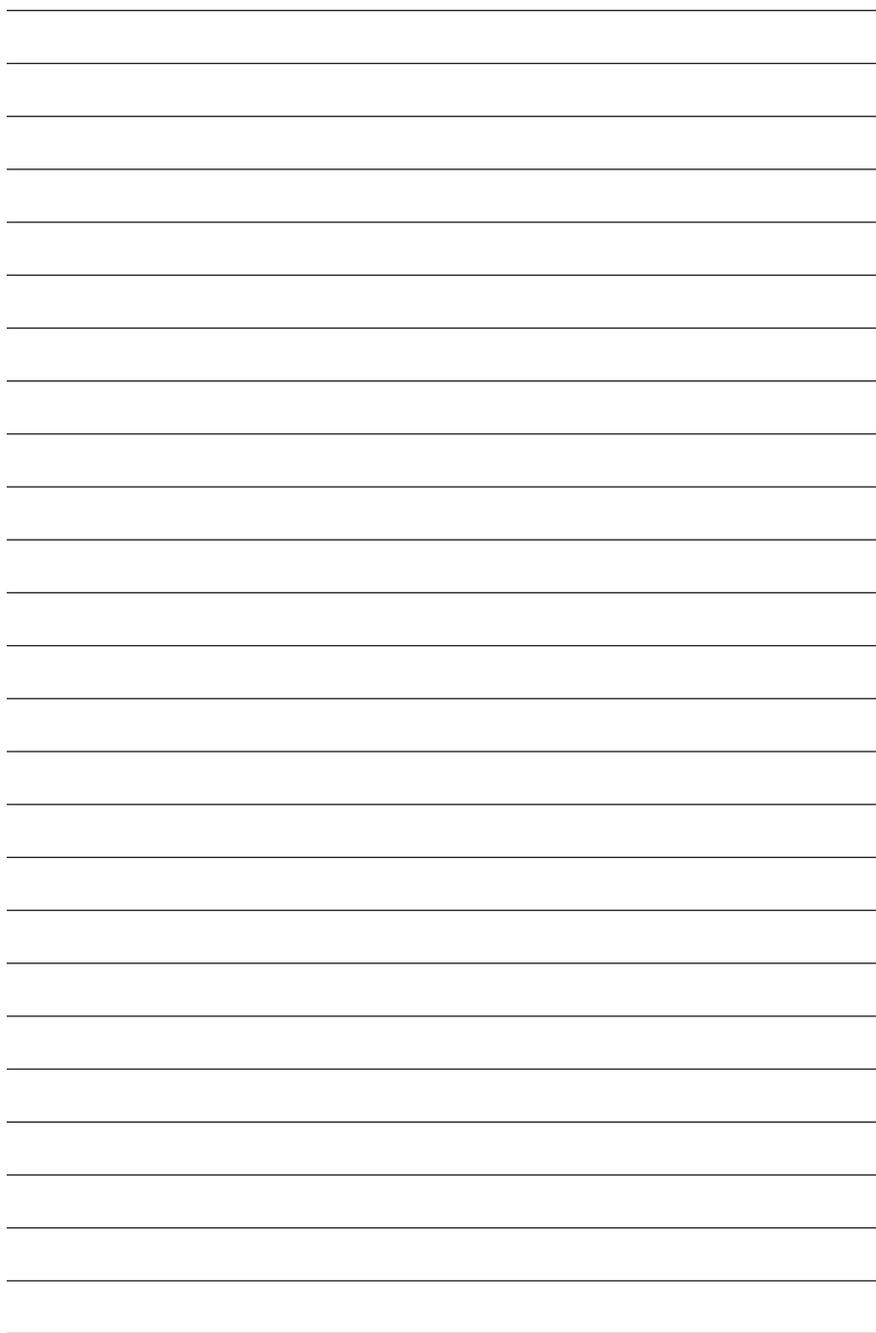
"In the beginning God created the heavens and the earth... So God created mankind in his own image, in the image of God he created them; male and female he created them."

Genesis 1:1; 27

Take a moment to pause and reflect on the fact that God is the author of creativity. He is the complete fullness and embodiment of what it means to be creative. Now, take a moment to reflect on the fact that you are created in his likeness. **You were created to be creative.**

Today worship the Lord through an act of creativity. Play a worship song; ask the Lord to rise up a new song or poem in your spirit and write it down; draw, paint, create a piece of art as the Spirit leads you; rearrange the furniture in a room; build something. There is no limit to God's creative potential flowing through you.

If you feel like the creative part of your identity has been squashed in the past, ask God to breathe new life into that part of you. Ask him, by his power, to allow you to walk in new creative freedom today. Declare over yourself that your creativity blesses and brings glory to the Father.



WEEK 5

LISTENING THROUGH
VISIONS & DREAMS

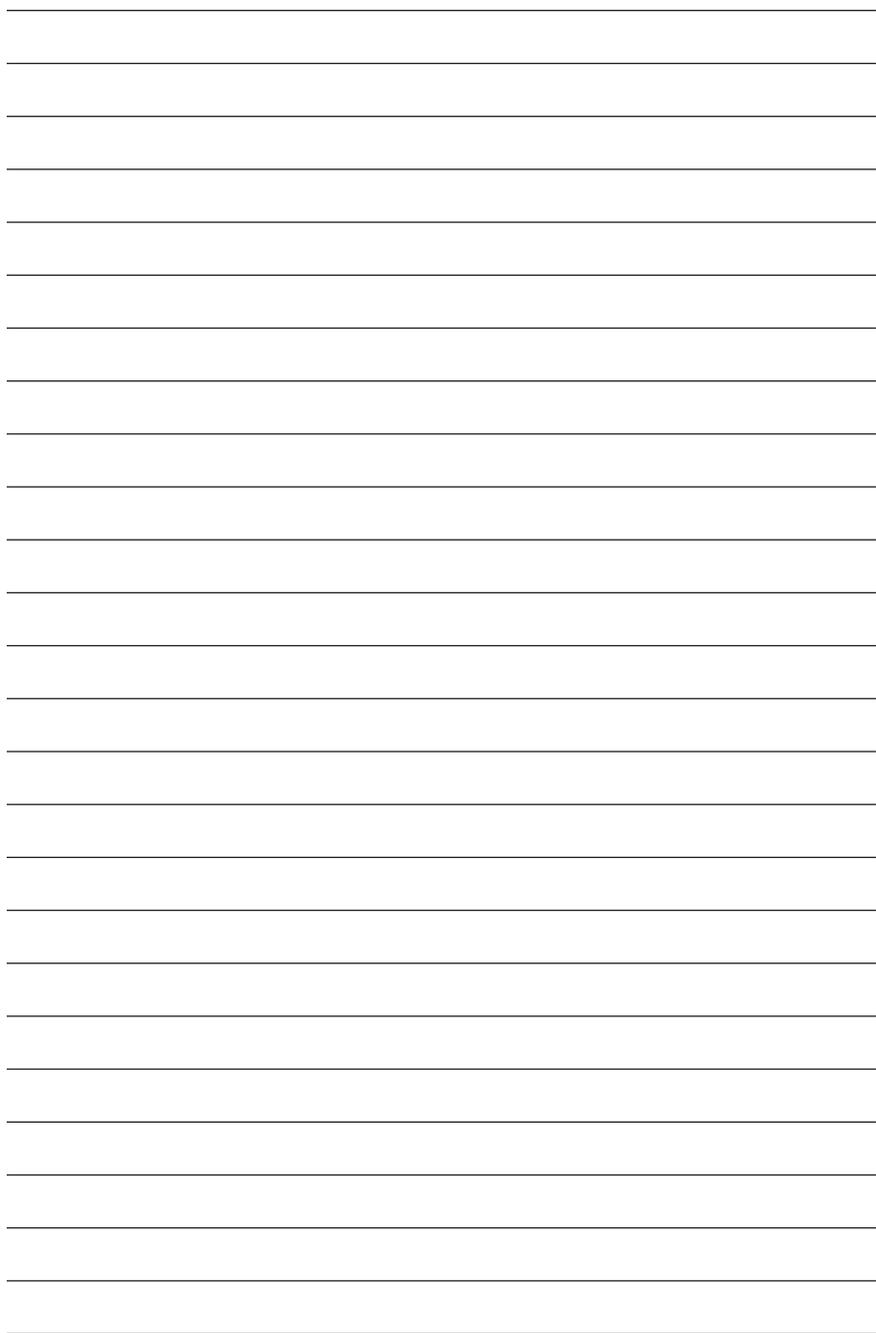
See • Dream • Interpret
Speak Lord, your servant is listening.

Prayer to begin each day

Father God, you have been so faithful on this journey so far. Thank you that you WANT to speak to me! Thank you that you have an ever-expanding plan and a purpose for my life as I grow in hearing your voice. Thank you that I can trust you as my listening worldview is stretched even further over the next several days. I ask that by your power, you take care of any enemy strategy that seeks to hinder my listening journey. As I shift my mind from earthly things to things above, please put a spiritual covering over me and hide me in you Jesus (Col 3:2-3.) Amen.

Go to your quiet space and ask the Holy Spirit to speak to you as you read Acts 2:1-18. Reread versus 17-18. Scripture states one of the ways we can detect an outpouring of God's Spirit is through an increase of prophecy, visions, and dreams. Often, we limit prophecy to mean predicting future events.

In 1 Corinthians 14:3, Paul explains that prophecy is exercising a gift that strengthens, encourages and comforts the church. Take a moment and ask God to pour out his Spirit on you in greater ways, especially through prophecy, visions, and dreams. Record anything you saw, heard, and felt in your journal.



Prayer to begin each day

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Visions are one means through which God reveals his ways or purposes, allows us to have a greater perception of the supernatural world around us, and even reveals the future. Visions are manifested in different ways, including pictures that pop into our minds, cartoonish or symbolic representations that convey a metaphorical message, video or movie like images in the mind's eye, or even the sense of actually seeing with our natural eyes into the spiritual realm*. Read these accounts of visions from the Old and New Testaments. Which one stands out to you the most? Ask the Holy Spirit why that is and record your thoughts and impressions in your journal.

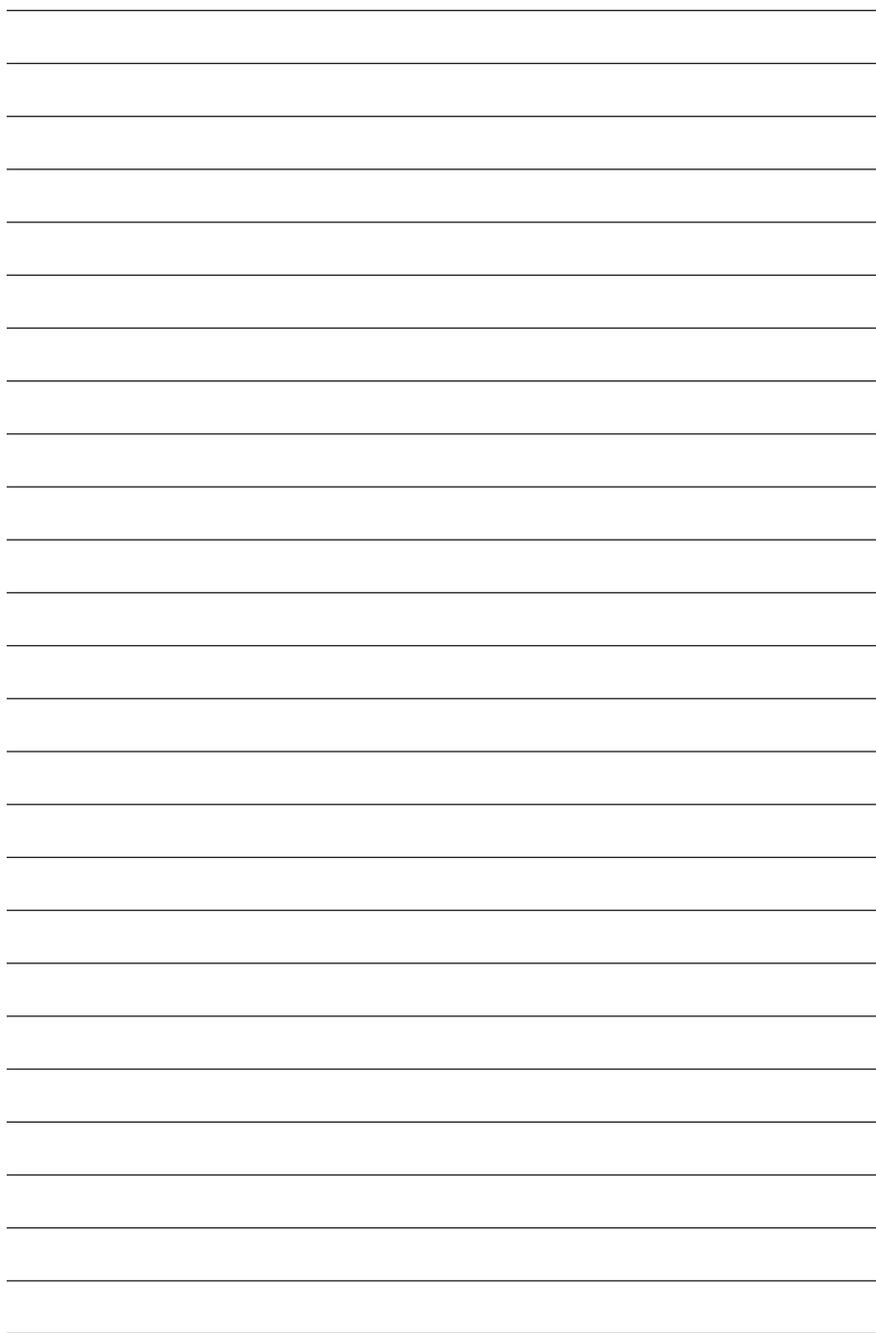
2 Kings 6:8-17 (Elisha asks for his servant's eyes to be opened)

Daniel 10:1-14 (Daniel's vision of a man)

Luke 1:8-22 (Zechariah's vision in the temple)

Acts 10:1-23 (Cornelius and Peter have visions)

* Streams Ministries - Understanding Dreams & Visions

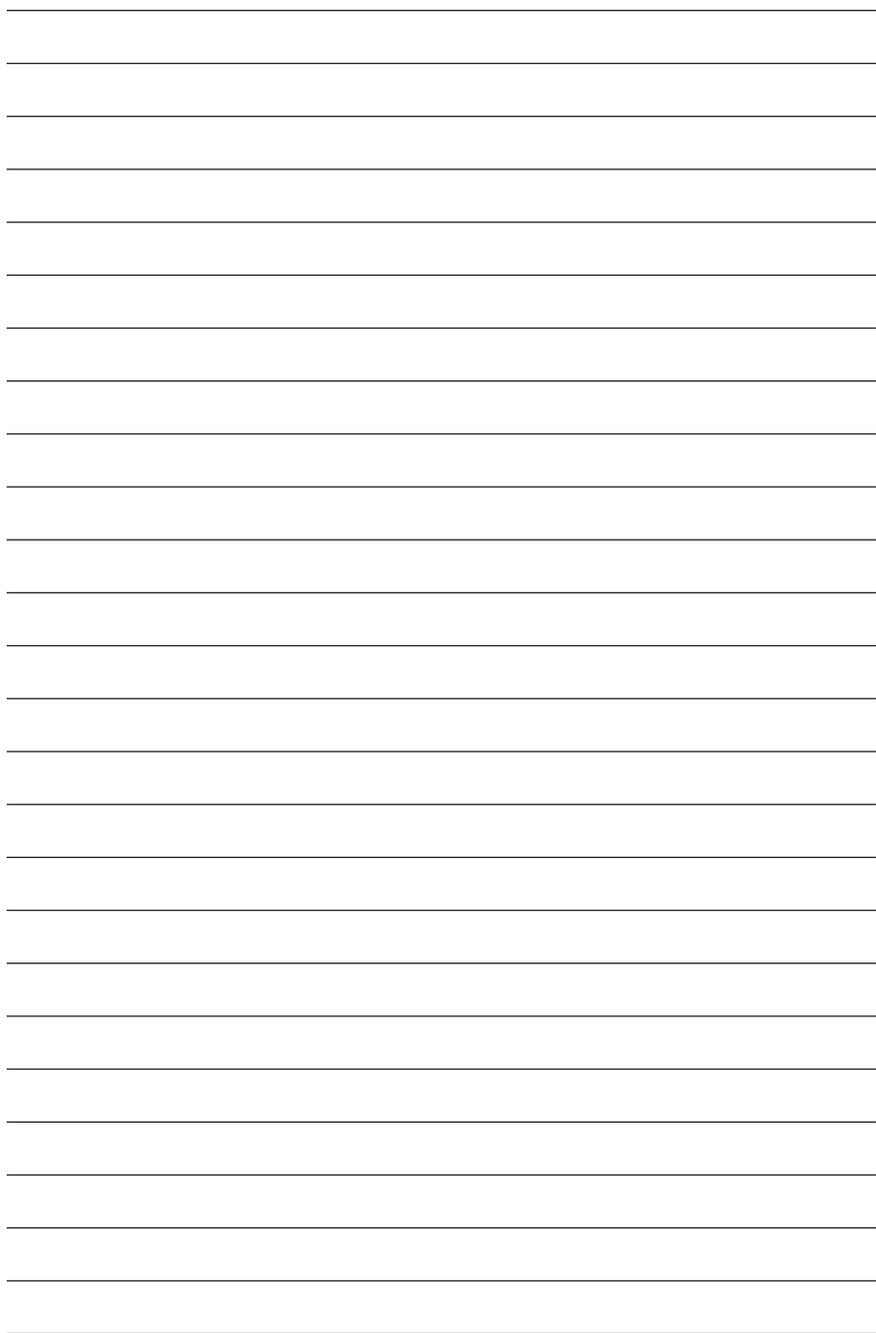


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Get quiet before the Lord and ask the Holy Spirit to speak to you as you read Acts 9:1-19.

Take special note of the word "vision" in the passage. Ask God to show you any "scales" that need to fall off of your eyes - scales that may be limiting you from hearing God speak in various ways, like in dreams and visions. Jot down a few notes in your journal to capture what you saw and heard.

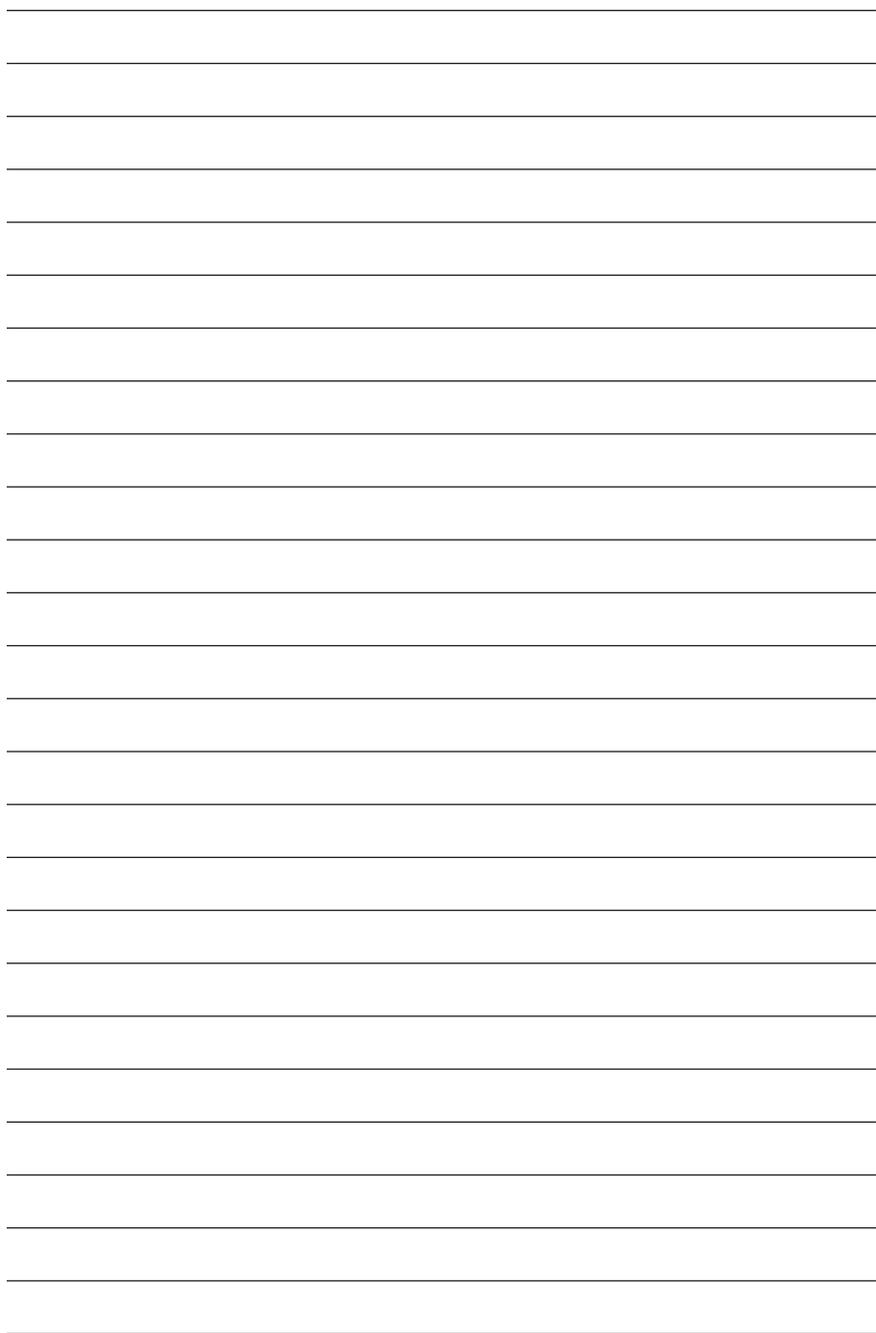


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Go to your quiet place and read Acts 18:9-11. Ask the Holy Spirit to speak to you in a vision, showing you any ways fear is preventing you from walking in the fullness of what God wants for your life.

Remember that a vision can manifest as simply as a picture that pops into your mind. If you do not sense anything right away, that's ok. Continue to press in and watch for it throughout the day or even over the next several days. Record your experience in your journal.



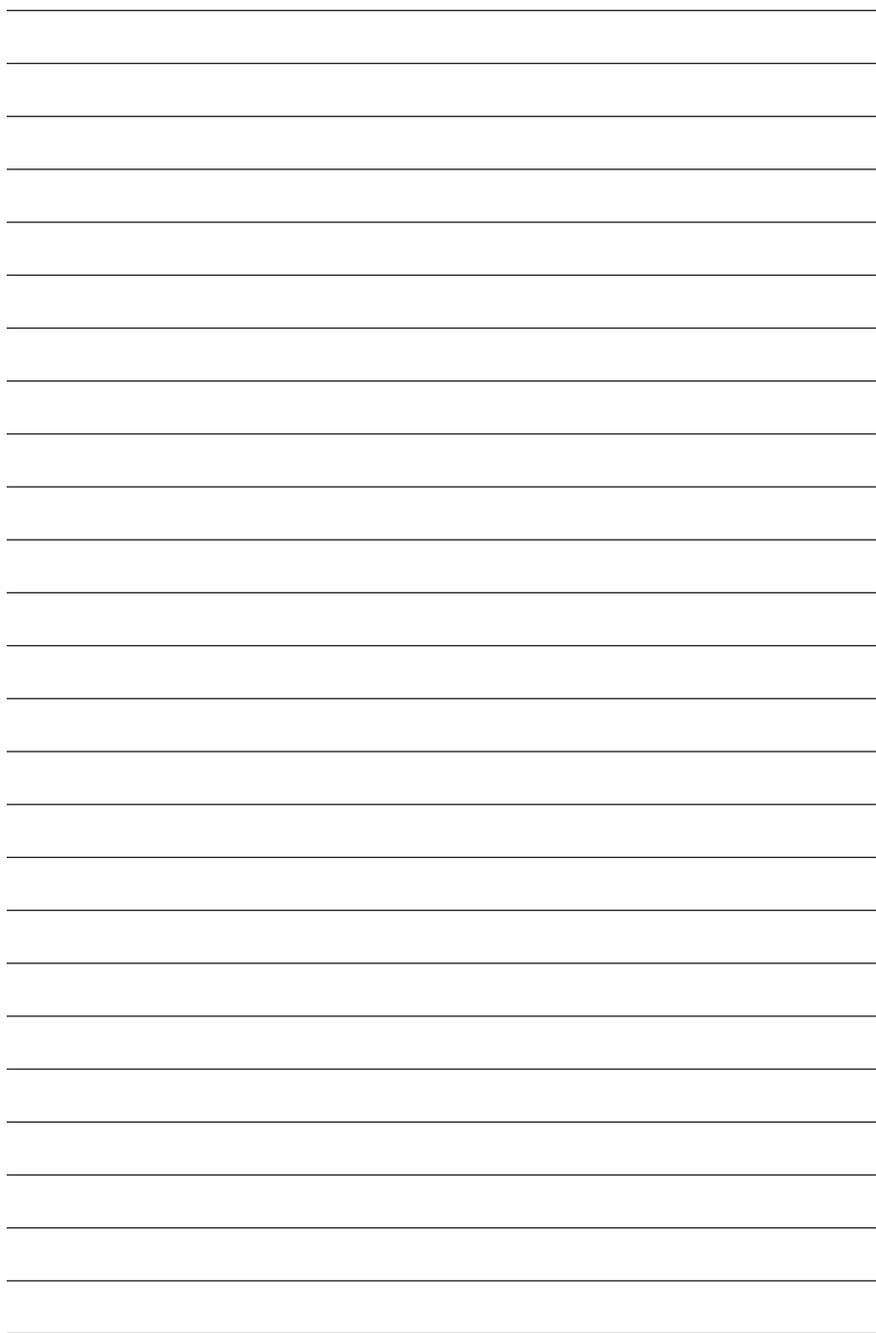
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Read some of these verses from the Old and New Testaments, which describe how God speaks to people in dreams:

- Genesis 20:1-7 (Abimelech's warning)
- Genesis 28:10-17 (Jacob's ladder)
- Genesis 31:10-13 (Jacob's instructions)
- Genesis 31:22-24 (Laban's warning)
- Genesis 37:1-9 (Joseph's dreams)
- Genesis 40 (Pharaoh's servants' dreams)
- Genesis 41:1-40 (Pharaoh's dreams)
- Judges 7:9-15 (Gideon & the barley loaf)
- 1 Kings 3:5-15 (Solomon's wisdom)
- Daniel 2 (Nebuchadnezzar's dream)
- Matthew 1:18-25 (Joseph's warning not to divorce Mary)
- Matthew 2 (four warnings, given to the Magi and to Joseph, meant to protect the life of Jesus)
- Matthew 27:19 (Pilate's wife's dream of Jesus' innocence)

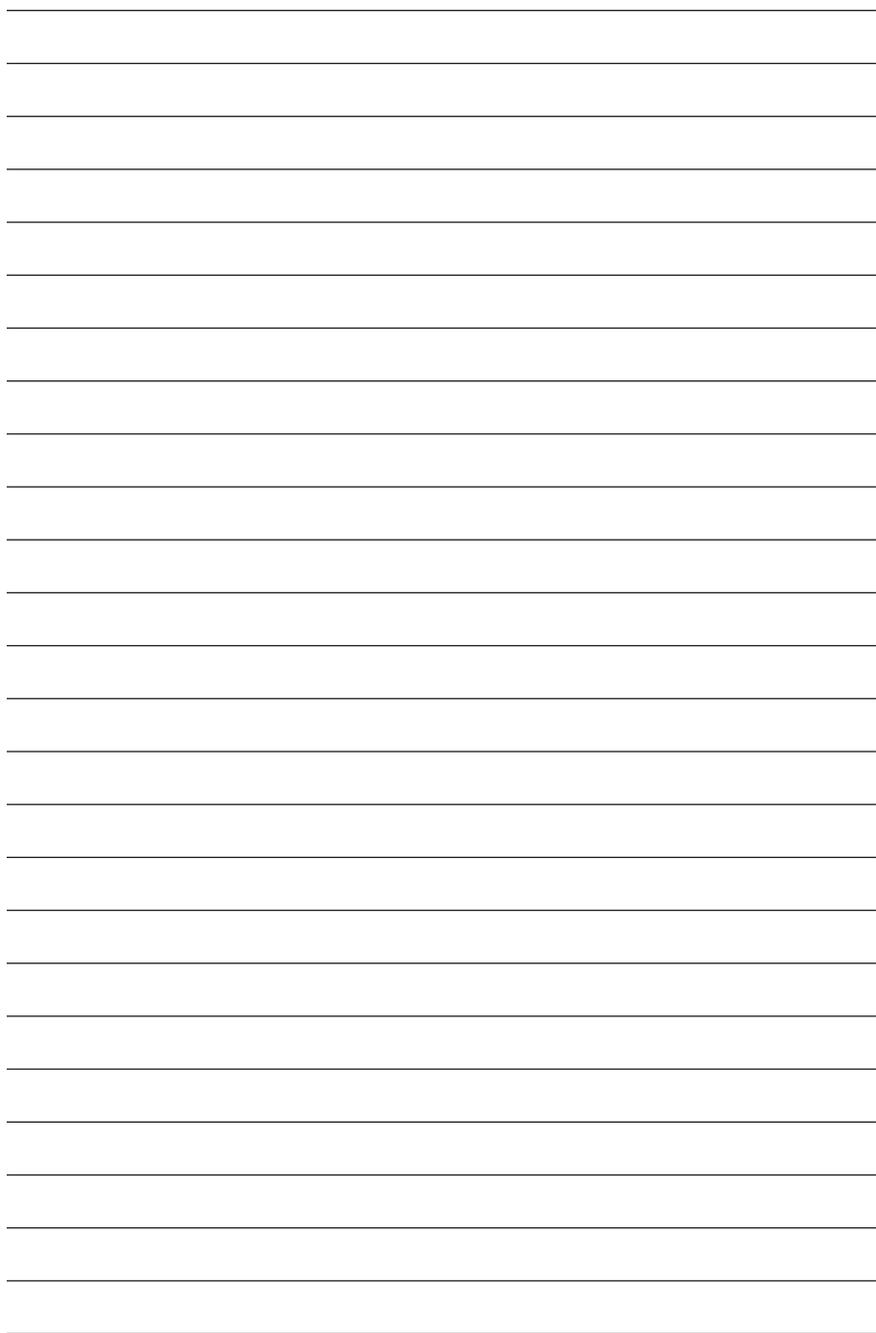
Was there anything about this list of dreams that surprised you? Which dream(s) resonated with you the most? Ask the Holy Spirit why that is. Record your thoughts and impressions in your journal.



Prayer to begin each day

Father God, you have been so faithful on this journey so far. Thank you that you WANT to speak to me! Thank you that you have an ever-expanding plan and a purpose for my life as I grow in hearing your voice. Thank you that I can trust you as my listening worldview is stretched even further over the next several days. I ask that by your power, you take care of any enemy strategy that seeks to hinder my listening journey. As I shift my mind from earthly things to things above, please put a spiritual covering over me and hide me in you Jesus (Col 3:2-3.) Amen.

We see in Genesis 40:1-8 and Daniel 2:27-28 that all interpretation belongs to God - not to the enemy nor the secular realm. Only the Holy Spirit can reveal the interpretation to the mysteries he speaks. Take a moment and do an inventory of any ways you have sought to gain interpretation, understanding, or future knowledge through any method other than the Holy Spirit (e.g. secular dream interpretation models/books/websites; psychics; astrologers; Tarot cards; Ouija boards; divination, etc.) Confess and repent of participating in these things and ask the Lord to close any doors of access the enemy gained in your life. Ask God to give you a greater filling of the Holy Spirit that enables you to understand and interpret how he speaks through visions and dreams. Jot down a few notes in your journal.



Prayer to begin each day

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Practicing Dreaming & Receiving Interpretation

In Day 33 we saw that God speaks in dreams all throughout Scripture. And in Day 34, we saw that all interpretation belongs to God. Since God is the same yesterday, today, and forever (Hebrews 13:8,) we can trust that he wants to continue speaking to us in this way as well. Today, begin asking God to speak to you in a dream and to prepare your spirit to receive an interpretation from the Holy Spirit.

WEEK 6

REVISIT & REVIEW

Journal • Read • Listen • Observe • Dream
Speak Lord, your servant is listening.

Prayer to begin each day

Father, you have been so faithful! I am so thankful that it's possible to hear your voice and that I don't have to settle for living life only from human wisdom. Thank you that it is possible to hear your voice in every circumstance and experience I encounter. Please continue to grow my ability to hear, discern, and obey what you say, no matter the cost. As I review these five practices over the next few days, please speak to me in familiar ways, but also stretch me that I may hear from you in new ways. In Jesus name, Amen.

Journaling

Sit in your quiet space and ask God "Who do you want to be for me right now? Which part of your nature or your character do you want to magnify for me and why?"

I find it helpful to write what I hear the Holy Spirit saying in brackets as the example below:

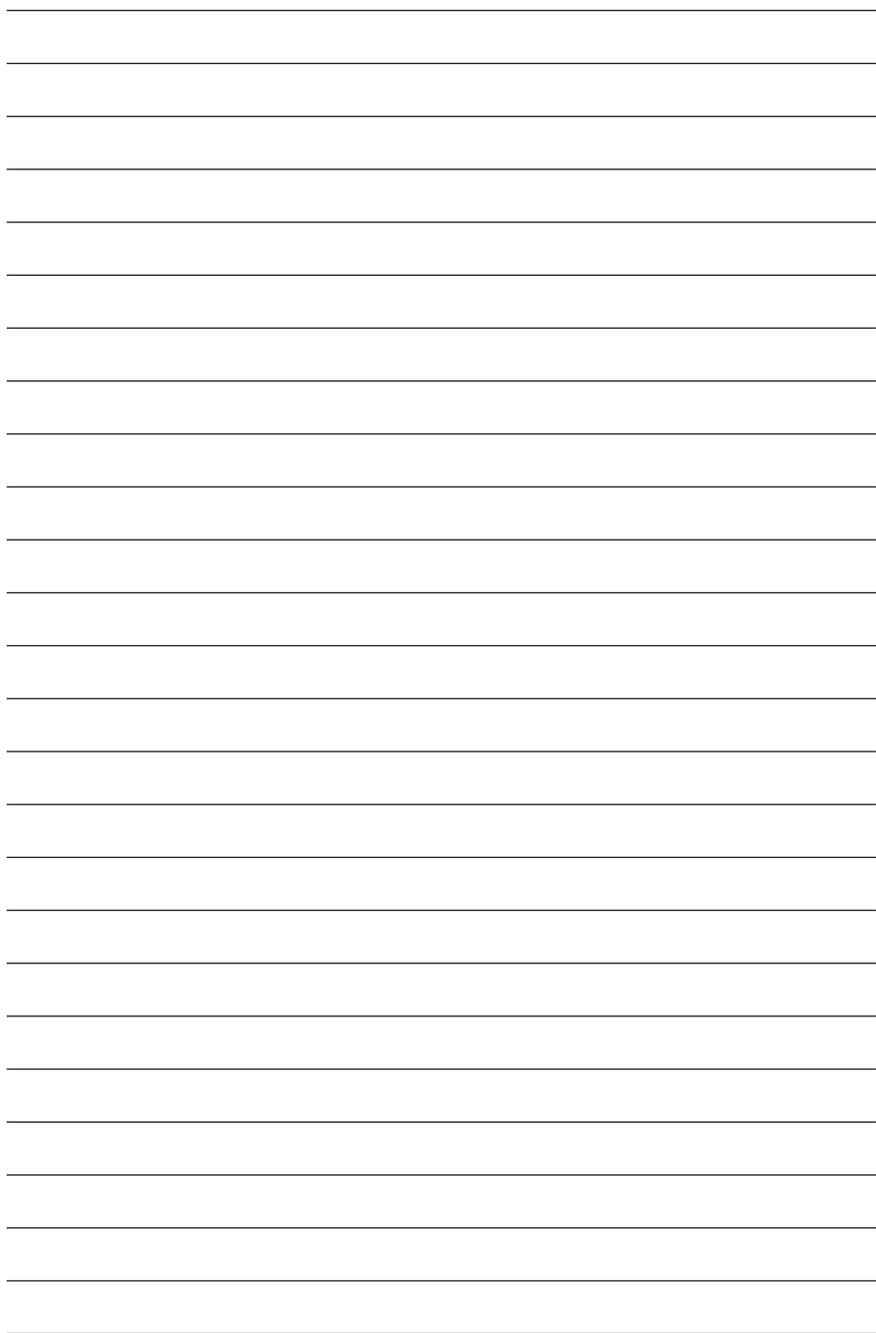
Who do you want to be for me Lord, I'm listening...

[I am the Prince of Peace. In me you can be at total rest regardless of your circumstances.]

Lord would you show me anything in life that is draining my peace?

[Your fear and desire to control is draining you child. Let's go through your burdens one by one and you can lay them at my feet. I am able to take care of them for you. Will you trust me?]

Spend an open amount of time dialoguing back and forth with God.

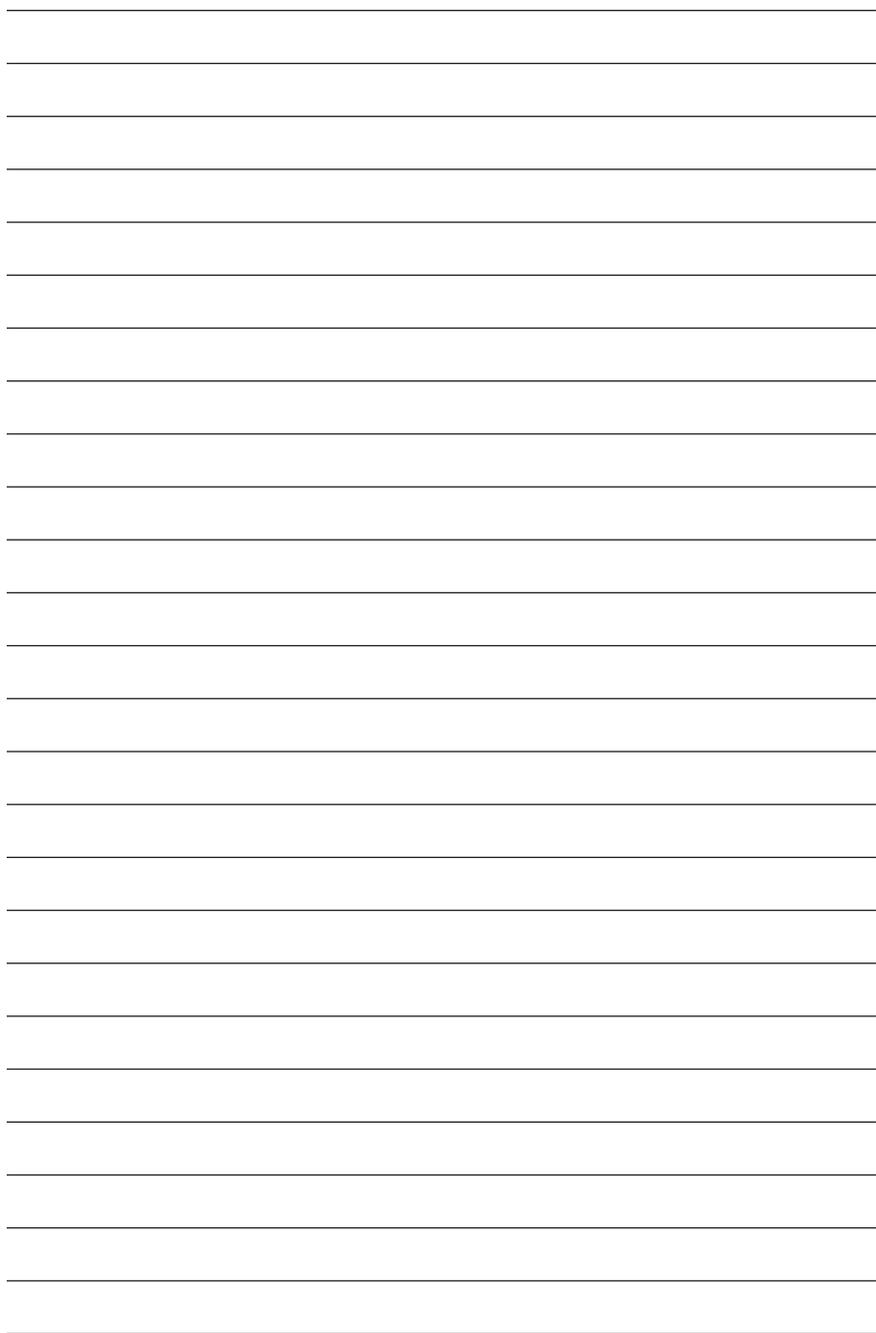


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Lectio Divina (Sacred Reading) using Galatians 5:13-25

1. Prepare (Silencio) - Sit in silence and offer yourself to God. Sit for a few moments in his presence.
2. Read (Lectio) - Read Galatians 5:13-25 out loud, slowly allowing the words to resonate and settle in your heart. After a pause, re-read the passage out loud. During these first two readings, listen for the word or phrase that catches your attention and lights up for you.
3. Reflect (Meditatio) - Take several moments to sit with your word or phrase. Re-read the passage quietly to yourself and listen to where the word or phrase connects with your life right now. Enter into the scene in your imagination and envision yourself being among those first readers of Paul's letter. Imagine the other people around you, watch for their reactions. Listen to how they interact with the words Paul has written. What do you hear and experience as you watch and listen?
4. Pray (Oratio)- Talk to God about the word or phrase he has highlighted and why it's standing out to you. How has God invited you to respond to his Word? Allow the Scripture to lead you into a prayer response.
5. Rest (Contemplatio) - Rest in God's presence, deeply receiving his word and love. Give yourself some time to wait and be still before you reenter life as usual. Take the word or phrase God highlighted to you and remember it throughout your day. Stay with God until you feel prompted to leave.



Prayer to begin each day

Father, you have been so faithful! I am so thankful that it's possible to hear your voice and that I don't have to settle for living life only from human wisdom. Thank you that it is possible to hear your voice in every circumstance and experience I encounter. Please continue to grow my ability to hear, discern, and obey what you say, no matter the cost. As I review these five practices over the next few days, please speak to me in familiar ways, but also stretch me that I may hear from you in new ways. In Jesus name, Amen.

Prayer Walking

God's Spirit is at work everywhere and we get to be a part of his work! Make some time today to go on a prayer walk, wherever the Spirit leads you. Partner with him to bring heaven to earth.

Confidence:

- You can prayer walk in confidence knowing that you have authority in Jesus. (Matthew 28:18-20; Ephesians 1:18)
- You can confidently pray "... as it is in heaven, may it be in _____." (Matthew 6:10)

Praise:

- Always have your first steps be praise oriented to exalt Jesus and to clarify in your mind the greatness of Jesus.

Prayer Prompts:

As we prayer walk, there are specific ways God gives us insight into how he wants us to partner with him to bring about his will on earth:

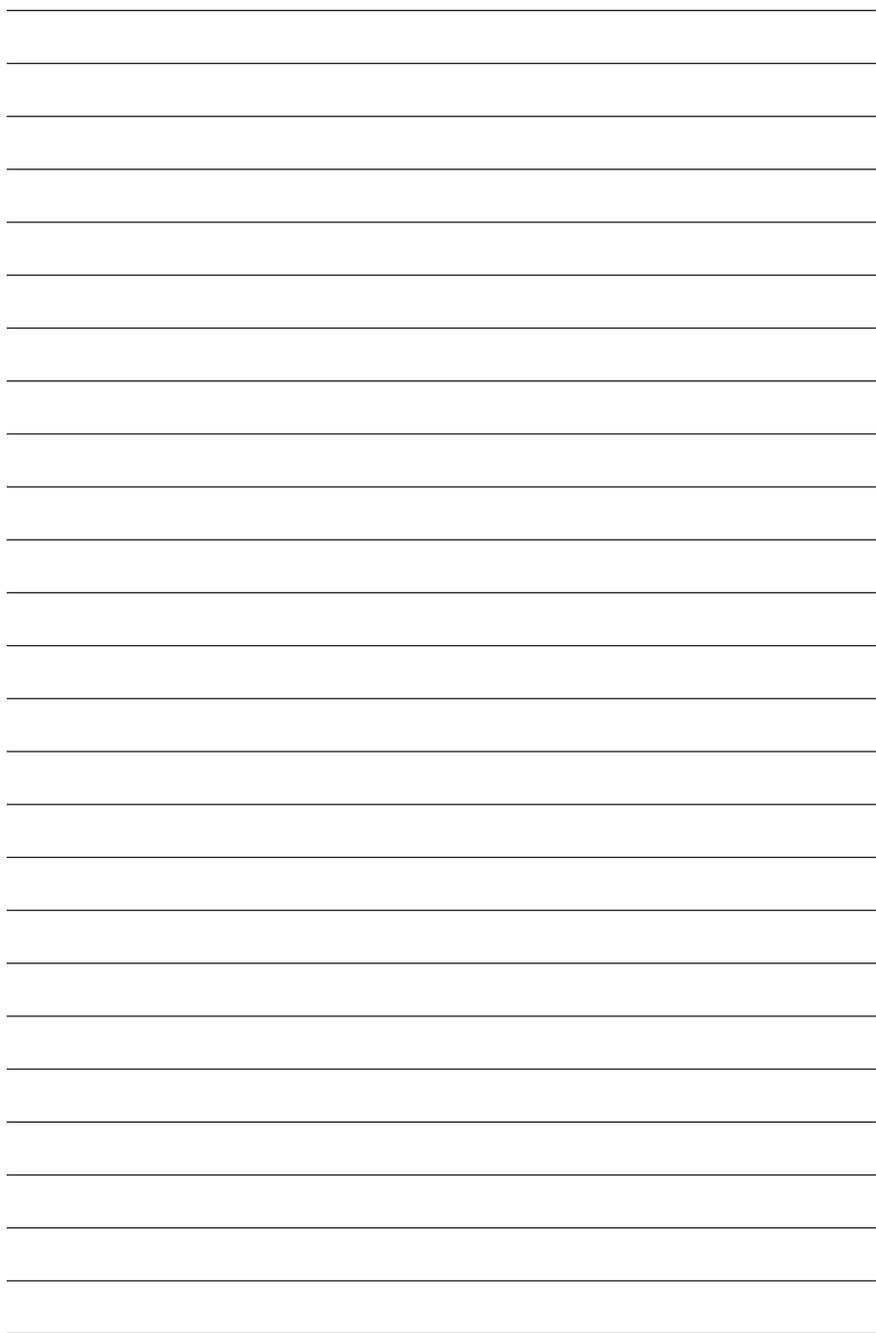
- Research: Through researching a specific area, you might find there are pockets of crime, injustice, occult practices, etc. and that gives you a specific direction for prayer.
- Observation: Seeing a swing set may prompt you to pray for children in that area.
- Revelation: The Holy Spirit may speak something specific to you about what is needed or what he wants to see happen in the area you are prayer walking.

Prayer to begin each day

Father, you have been so faithful! I am so thankful that it's possible to hear your voice and that I don't have to settle for living life only from human wisdom. Thank you that it is possible to hear your voice in every circumstance and experience I encounter. Please continue to grow my ability to hear, discern, and obey what you say, no matter the cost. As I review these five practices over the next few days, please speak to me in familiar ways, but also stretch me that I may hear from you in new ways. In Jesus name, Amen.

Listening through Music and Art

Today, choose a favorite song or piece of art work and ask the Holy Spirit to speak to you through it. Take your time enjoying this creative work, allowing it to minister to your spirit. Write down your thoughts and impressions.



Prayer to begin each day

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Today, begin asking the Lord to give you a vision or a dream in the coming days about a part of your identity or calling that has been diminished, lost, or stolen. Maybe there is a piece of your God given gift and call that has taken a backseat as life has gotten busy or you have pursued other things. Maybe you willingly suppressed a part of your God given identity to better "fit in" or receive love from family or peers. Maybe the enemy has highjacked a piece of your identity or calling and it needs to be purified and redeemed for use in the Kingdom of God, where it was originally designed to operate. Ask the Lord, in his loving kindness, to speak to you through dreams and/or visions about this area of your life, and to give you clear interpretation, in his timing, of what he is communicating to you.

